



EMERGENCY PREPAREDNESS

Family Disaster Plan/ Supply Kit Guide

Before any disaster formulate a plan. Decide where you will go if you must leave. Put together a supply kit, emergency contact list, and an important document container.

FLOODS

BEFORE THE FLOOD

- Unplug all electrical devices and turn off utilities from main switch.
- If feasible, construct barriers such as sandbags to stop floodwater from entering.

DURING THE FLOOD

- Evacuate if you have time, or seek the highest ground available in your location.
- Do not walk through moving water.
- If you are in your vehicle, do not drive through flood waters. Abandon vehicle and move to higher ground.

AFTER A FLOOD

- Do not drink tap water until safe.
- Avoid flood waters. They may be contaminated or electrically charged
- Clean and disinfect everything that got wet.

TORNADOS

BEFORE THE TORNADO

- Determine in advance where you will take shelter in the event of a tornado warning.

DURING THE TORNADO

- Stay in your shelter, or a center interior room in the lowest level of the building.
- Stay away from doors and windows.
- If you are in a car, get out immediately and go to a place for shelter or lie flat in a nearby ditch and cover your head with your hands.
- Never try to out run a tornado in congested or urban areas in your car.
- Watch out for flying debris. It causes the most fatalities in a tornado.

AFTER A TORNADO

- Leave damaged buildings and steer clear of downed power lines.

DISASTER SUPPLY KIT

- **Water**, one gallon of water per person and pets for at least 5 days. Extra water is needed for preparing food and personal hygiene.
- **Food**, at least a 3-day supply of non-perishable food.
- Bottled beverages
- Battery-powered or hand crank radio with extra batteries
- 2 weeks supply of medication
- Flashlights and extra batteries
- First aid kit
- Whistle to signal for help
- Wrench or pliers
- Non-electric can-opener
- Local map for evacuating or finding shelters
- Sleeping bag or warm blanket per person
- Rain gear, extra clothing, and sturdy shoes
- Toilet paper, towelettes, soap, liquid detergent, feminine supplies, personal hygiene items
- Plastic garbage bags and newspaper for pets
- Fire extinguisher
- Waterproof matches
- Paper plates, cups and utensils
- Insect repellent
- Battery-powered fans
- Baby formula, diapers, and food
- Dentures and supplies
- Contact lenses and supplies
- Extra eyeglasses
- **Documents:** Driver license, social security card, immunization record(s), proof of address, birth/marriage/death certificates, bank and credit card numbers, insurance policies, stocks and bonds, veterinarian records