

# Health Trends

**San Antonio Metropolitan Health District**  
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*These selected indicators are from the Health Profiles 2007. This Metro Health annual report is a collection of analyzed data which examines indicators of our community's health status. It has been developed through a statistical analysis of birth records, communicable disease reports, educational data and other sources. For more detailed and complete information refer to the full document.*

	YR2001		YR2003		YR2005		YR2007		HP2010 Goal*	Texas Data
<b>Maternal Indicators</b>	Births	% of all births	Births	% of all births	Births	% of all births	Births	% of all births		2005 Births
Births to Mothers Under 18 Years of Age	1,573	6.6%	1,411	5.7%	1,369	5.4%	1,393	5.1%	5%	6.7%
Low Birth Weight Infants (Less than 2500 grams)	1,888	7.9%	2,181	8.8%	2,291	9.0%	2,546	9.4%	5%	7.5%
Estimated Premature (Less than 37 Weeks Gestation)	2,585	10.8%	2,972	12.0%	3,100	12.1%	3,465	12.8%	7.6%	n/a
Births to Mothers with Less than a High School/GED Education	7017	29.3%	7073	28.5%	6834	26.7%	7513	27.7%	10%	n/a
Births to Mothers with a BMI of 30 or Higher Before Pregnancy	n/a		n/a		6046	23.6%	6797	25.0%	15%	n/a
<b>Youth Indicators</b>	Cases	Per 1000 children	Cases	Per 1000 children	Cases	Per 1000 children	Cases	Per 1000 children		2007 data Per 1000 children
Bexar County Confirmed Victims of Child Abuse/Neglect	3,226	8.1	3,305	8.2	5,511	13.4	6,733	16.2	n/a	11.2
<b>Communicable Disease Indicators</b>	Cases	Rate per 100,000	Cases	Rate per 100,000	Cases	Rate per 100,000	Cases	Rate per 100,000		2006 data Rate per 100,000
Chlamydia	5835	405.5	6742	467.6	7400	501.2	8054	505.1	n/a	321.4
HIV	245	17.0	226	15.7	330	22.4	223	14.0	n/a	14.3
Syphilis	383	26.6	217	15.1	422	28.6	384	24.1	0.2 per 100,000	21.1
<b>Chronic Disease Indicators</b>	Estimated % of San Antonio Metro Statistical Area Population		Estimated % of San Antonio Metro Statistical Area Population		Estimated % of San Antonio Metro Statistical Area Population		Estimated % of San Antonio Metro Statistical Area Population			2007 Data % of San Antonio MSA
Adults with Diagnosed Diabetes	n/a		9.5%		10.2%		10.2%		n/a	10.3%
Adults who are Current Smokers	n/a		22.4%		16.1%		17.5%		12%	19.3%
Obesity (BMI of 30 or Higher)	n/a		26.5%		29.2%		29.7%		15%	28.6%
<b>Leading Causes of Death</b>	Deaths	Rate per 100,000	Deaths	Rate per 100,000	Deaths	Rate per 100,000	Deaths	Rate per 100,000		2005 Deaths Rate per 100,000
Heart Disease	2,684	187	2,711	188	2,592	176			166 per 100,000	175.0
Cancer	2,047	142	2,160	150	2,138	145			159 per 100,000	149.6
Atherosclerotic cardiovascular disease	681	47	689	48	602	41	Data not yet available		48 per 100,000	17.7
Diabetes	477	33	500	35	494	33			45 per 100,000	24.5
Renal Disease (Kidney)	140	10	191	13	171	12			n/a	11.6

\* HP2010 Goals are national health targets that were set prior to the year 2000. HP2020 Goals are in development. For additional information please see [www.healthypeople.gov](http://www.healthypeople.gov)

