

Let's Talk About...



City of San Antonio Employee Health and Wellness Center Opening August 1

Health and Wellness Center for City Employees

The City of San Antonio is continuously seeking innovative ways to provide resources for employees to improve and maintain their health. As part of our efforts, we are excited to introduce a new resource available on August 1 exclusively for City employees. The City has contracted with Gonzaba Medical Group to operate and staff an Employee Health and Wellness Center, which will be available for appointments and walk-ins for minor illness, minor injuries, on-the-job injuries, preventive care and screenings.

As a major component of the City's Employee Wellness Program, the Center and its staff will strive to provide services in a method that reflects the mission, vision, and goals of the Wellness Program. The Center will serve as a resource for employees' health and wellness needs, including meeting areas for support groups, a wellness library, and online access to view personal health information.

Location and Hours of Operation

The Center is located downtown in the Metropolitan Methodist Professional Building at 1303 McCullough Avenue in Suite 170. VIA Metro bus route #5 will take you directly to the building. The Center is open Monday, Wednesday and Friday from 7:00 a.m. to 5:00 p.m. and on Tuesday and Thursday from 8:00 a.m. to 6:30 p.m. Employees seeking care after hours, on holidays or weekends can visit one of Gonzaba Medical Group's three other locations and will receive priority care.

Services

Employees can receive a wide range of care, including preventive screenings such as blood pressure and diabetes, care for minor or on-the-job injuries and illnesses, and wellness services. Employees participating in the City's health plan are eligible to pay half of the regular co-pay for a visit to the dedicated Center. Gonzaba Medical Group is an in-network provider for United Healthcare. The Center will be focused on quality health care and customer service, which means that all patients will be treated in a timely fashion and will be looked at as a whole patient, not just as an injury or illness.

Eligibility

The Health and Wellness Center is dedicated to active civilian and uniform employees only. Employees seeking care for dependents can visit one of Gonzaba Medical Group's three other locations and will receive priority care. Please note that the half co-pay is valid only at the dedicated site at 1303 McCullough Ave.

Privacy

The City of San Antonio has contracted with Gonzaba Medical Group, a third party, to operate the Center and will not have access to any personal or medical information. In addition, there are federal regulations that require all healthcare professionals to keep patient information private. For more information on national standards to protect the privacy of personal health information, you may visit the Department of Health and Human Services web site at <http://www.hhs.gov/ocr/hipaa/>.

Contacts

Employees may either contact the Center directly at 921-COSA (2672) or call the Employee Wellness Program at 207-WELL (9355) for more information.