Joining Your Ranks

Congratulations to the following people on their recent retirement! Thank you for your years of dedicated service to the City of San Antonio.

Sheila Ann Acosta
Library, 10 yrs.

Albert C. Alvarez
Development Services, 28 yrs.

Dona A. Bernal
Parks & Recreation, 20 yrs.

Michael W. Boxley
Solid Waste Management, 10 yrs.

Raymond G. Moya
Police, 25 yrs.

Carron C. Wiggins
City Attorney, 25 yrs.

Estella Cervantes Moreno
Animal Care Services, 23 yrs.

Charles H. Woir
City Attorney, 25 yrs.

Betty Cruz-Camacho
Information Technology Services, 8 yrs.

Tomas T. De la Cruz
TCI, 19 yrs.

Sylvia Ann Ellis
Police, 26 yrs.

Gertrudes Elmore
Solid Waste Management, 35 yrs.

Richard Garces
Solid Waste Management, 21 yrs.

Edward A. Herrera
Aviation, 16 yrs.

Melvin R. Lleras
Police, 6 yrs.

Rachel Garcia Luna
Health, 20 yrs.

Rosa A. Martinez
Parks & Recreation, 28 yrs.

Estrella Cervantes Moreno
City Clerk, 10 yrs.

Raymond G. Moya
Police, 25 yrs.

Raymond G. Moya
TCI, 27 yrs.

Michael Ovalle
TCI, 26 yrs.

Roberto Perez, Jr.
Solid Waste Management, 26 yrs.

Rose M. Ramos

Juan A. Reyna
Health, 20 yrs.

Iris R. Rodriguez
Aviation, 20 yrs.

Kathryn French Ryan
Library, 21 yrs.

Edward Q. Schultz
Solid Waste Management, 22 yrs.

Mary O. Treviño
Building & Equipment Services, 19 yrs.

David M. Villanueva
Animal Care Services, 23 yrs.

Emily M. Villanueva
Animal Care Services, 23 yrs.


Rose M. Ramos


Rose M. Ramos


Rose M. Ramos


Rose M. Ramos


Rose M. Ramos

Dear City of San Antonio Retirees:

As you may know, we have some important local elections coming up this May. Not only are we voting for Mayor and City Council representatives, but City Council just approved placing the $650 million General Obligation Bond program on the May 6 ballot. I want to take this opportunity to provide you with some information about the Bond Program.

Sheryl Sculley

- It includes six propositions.
- There is no projected increase in the City Property Tax Rate for the Bond.
- 70% of the Bond dollars will be dedicated to street and drainage infrastructure.
- It includes over 200 planned miles of new sidewalk construction.
- The Parks Proposition will improve 25% of our City’s parks.
- Through coordination with state, local, and private partnerships, the City will leverage $350 million in outside funding within 37 of the Bond Program projects.
- Over 80%, or $680 million, of the Bond is for Council District projects.
- There is a planned 2017 Bond Program project within one mile of where a San Antonio resident lives or works.
- The City has a strong record of completing its General Obligation Bond Programs on time, within budget, and with quality improvements (as seen with the 2007 and 2012 Bond Programs).

The 2017 Bond Program was developed with an extensive public input process. From October to December 2016, 160 residents comprising five Community Bond Committees appointed by the Mayor and City Council Members met to review and discuss initial staff recommended projects. The meetings provided citizens an opportunity to provide suggestions for projects. There were 30 meetings held, more than 1,400 residents were in attendance at these meetings, and 350 resident comments were made. The Community Bond Committees’ recommendations were presented to City Council on Wednesday, January 11, 2017, and more than 94% of the Committee’s recommendations were approved.

I hope you find the above information valuable as you prepare to cast your votes in a few months. For more information, please visit our website at sanantonio.gov/2017Bond. As always, if you have questions, please feel free to contact our office at 800-842-1306 or via email at cosaretirement@sanantonio.gov.

Notes From The City Manager

2017 RETIREE MATTERS

Healthy Living

Cajun Jambalaya

With February being Heart Month, we thought a tasty dish from the American Heart Association was a good choice for this issue.

Serving size 4 (serving size 2 cups)

Ingredients:

- 3 1/2 cups cooked brown rice
- 2 teaspoons canola oil
- 1 pound boneless, skinless chicken breasts (cut into 1-inch pieces, all visible fat discarded)
- 3 teaspoons sodium-free Cajun spice blend
- 1 1/4 cups package frozen sliced-fry onions and peppers, thawed
- 1 14.5-ounce can no-salt-added diced tomatoes
- 1/2 teaspoon dried thyme
- 1/2 teaspoon garlic powder
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/2 pound medium or large shrimp, shelled and deveined
- 1/3 cup scallions
- 2 teaspoons canola oil
- 1/2 teaspoon dried thyme
- 1/2 teaspoon garlic powder
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/2 pound medium or large shrimp, shelled and deveined
- 1/3 cup scallions

Directions:

1. Make brown rice according to package directions or, alternatively, use the packaged cooked rice and skip this step.
2. Add canola oil into a Dutch oven and warm over medium-high heat. Add chicken pieces and 1 teaspoon Cajun spice/chill powder. Stir constantly until chicken is mostly cooked, around 5 minutes.
3. Add thawed onions and peppers, along with diced tomatoes, thyme, garlic powder, salt, and pepper. Stir and let mixture come to a boil. Reduce heat so mixture is at a simmer and let simmer about 5 minutes.
4. Increase heat to bring mixture to a boil. Add shrimp and, stirring constantly, cook until shrimp turn pink and are fully cooked, about 2 to 4 minutes, depending on size of shrimp. Stir in cooked rice and cook until rice is heated, just 1 to 2 minutes. Remove from heat. Garnish with scallions, serve, and enjoy.

Recipe copyright © 2016 American Heart Association. This recipe is brought to you by the American Heart Association's Simple Cooking with Heart® Program.

Blue Cross and Blue Shield of Texas Offers Virtual Visits

What are virtual visits you ask? It is an easy way for you to visit with a doctor from the comfort of your own home. Getting sick is never convenient, and finding time to get to the doctor can be hard, but Blue Cross and Blue Shield of Texas (BCBSTX) provides those of you enrolled in a pre-65 health care plan (Consumer Choice or New Value), and your covered dependents, access to care for non-emergency medical issues through MDLIVE.

Whether you are at home or traveling, access to a board-certified doctor is available 24 hours a day, seven days a week. You can speak to a doctor or health service specialist immediately or schedule an appointment based on your availability. Virtual visits can also be a better alternative than going to the emergency room or urgent care center.

You can access MDLIVE by calling 1-888-680-8646, installing the BCBSXT app on your smartphone, or through your computer. Please remember that in the event of an emergency, this service should not take place in an emergency room or urgent care center. Additionally, MDLIVE doctors do not take the place of your primary care doctor. Proper diagnosis should come from your doctor, and medical advice is always between you and your doctor. Cost for this service will be similar to what you would pay for an in-office visit.

Contacts

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Human Resources
Customer Service
111 Soledad, Ste 100
San Antonio, TX 78205
210-207-8705 (P)
210-207-0041 (F)
sanantonio.gov/
EmployeeInformation/
RetiredEmployees
cosaretir-
ee@sanantonio.gov
hrcustserv@sanantonio.gov

Retiree RSVP Line
210-207-7000

Blue Cross and Blue Shield of Texas
1-800-448-9372
www.davision.com

Delta Dental
1-800-422-4234
www.deltadentalins.com/
cityofsanantonio/
 retirees.html

Aetna
1-800-842-1306

Medicare
1-800-633-4227
www.medicare.gov

Retiree Liaison
Ann Soils
210-207-0073

Texas Municipal Retirement System
1-800-924-8677
www.tmrss.com

Blue Cross and Blue Shield of Texas
1-800-207-0043
BCBSXT.COM

CVS/Pharmacy
1-866-808-7470

HSA Bank
1-855-731-5220

2017 City Manager’s 5k

It’s time to mark your calendars for the 10th Annual City Manager’s 5k Walk & Run. This year’s event will take place on the morning of Sunday, October 22, 2017 in conjunction with the YMCA of Greater San Antonio’s Siclovia event. More details will be shared in upcoming issues of Retiree Matters.

2017 RETIREE MATTERS