



Pre-K 4 SA Menu: September 14th - 18th

(Cycle: Week 4, Day 16 - 20)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep
Breakfast	Toasty O's, WG Seasonal Fresh Fruit Milk	WW Pancakes Turkey Sausage Links Diced Pear Cup Milk (Syrup)	Turkey & Swiss Bagel Sliced Turkey Swiss Cheese WW Bagel Seasonal Fresh Fruit Milk	Breakfast Sandwich Egg Patty Sliced Cheese WW English Muffin Pineapple Tidbit Cup Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Diced Peaches Milk
Lunch	Cut Turkey Breast WW Roll Brown Gravy Garlic Mashed Potatoes Steamed Peas Milk	Spaghetti & Chicken Meatballs Chicken Meatballs WW Spaghetti Spaghetti Sauce Steamed Broccoli Cinnamon Apples Milk	Beef Hot Dog Beef Frank WW Hot Dog Bun Sweet Potato Tots Green Beans & Tomatoes Milk (Ketchup;Mustard)	Chicken Ranchero Grilled Chicken Patty Ranchero Sauce Spanish Brown Rice Pinto Beans Seasonal Fresh Fruit Milk	Hot Ham & Cheese Sandwich Sliced Ham Sliced Cheese WW Bread Seasoned Cauliflower Mandarin Orange Cup Milk
Snack	Mini WG Bagel LF Cream Cheese	Alphabet Crackers Diced Peach Cup	Marranitos Mozzarella String Cheese	WG Vanilla Graham Applesauce Cup	WW Chocolate Chip Cookie Diced Pear Cup
Late Snack	WG Cinnamon Goldfish Craisins	Baby Carrots Multi-Grain Sun Chips	White Cheddar Popcorn 100% Apple Juice	Cinnamon Cereal Bar Milk	Cheddar Rectangle WW Crackers

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