



Pre-K 4 SA Menu: September 19th - 23rd

(Cycle: Week 5, Day 21 - 25)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	19-Sep	20-Sep	21-Sep	22-Sep	23-Sep
Breakfast	Raisin Bran Cereal Fresh Whole Fruit Milk	Breakfast Sandwich Turkey Canadian Bacon Sliced Cheese WW Bagel Cinn./Raisin Apples Milk	WG Blueberry Muffin Mozzarella String Cheese Fresh Fruit Cup Milk	Turkey Sausage Links WG Waffle Fresh Whole Fruit Milk (Syrup)	Breakfast Taco Refried Beans Shredded Cheese WW Tortilla Wango Mango Juice Milk
Lunch	Beef, Bean & Cheese Burrito Pinto Beans Spanish Brown Rice Mexicali Corn Straw. Applesauce Cup Milk	Chicken Penne Alfredo Grilled Chicken Strips WG Penne Pasta Alfredo Sauce Steamed Broccoli Pineapple Tidbit Cup Milk	Chicken Picadillo Ground Chicken Potatoes, Tomato, Onion Corn Tortilla Potatoes Rancheros Sugar Snap Peas Milk	WG Mini Turkey Corn Dogs Steamed Coin Carrots Seasoned Yellow Squash Milk (Ketchup; Mustard)	Breaded Chicken Wrap WG Breaded Chicken Lettuce & Tomato WW Tortilla Fresh Baby Carrots Milk (Ranch Dressing)
Snack	WG Granola Fruit Yogurt Cup	WG Sun Butter & Jelly Sandwich	Celery Sticks Cream Cheese	Strawberry Delights Cookie 100% Apple Juice	Pretzels Hummus Dip
Late Snack	WG Blueberry Muffin Raisins	Apple/Cin. Rice Cake 100% Grape Juice	Fresh Whole Fruit WG Vanilla Dino Grahams	Gingerbread Cookie Cheddar Rectangle	WG Cheddar Chex Mix Craisins

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