



Pre-K Menu: May 18 - 22, 2015

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5/18	5/19	5/20	5/21	5/22
Breakfast	WG Cinnamon Toast Crunch, 1 oz Fresh Orange Slices, ½ c Milk	WG Chicken & Waffles with Syrup Mixed Berry Cup, ½ c Milk	Turkey Sausage Patty Buttermilk Biscuit with Jelly Honeydew Melon Cup, ½ c Milk	Turkey Bacon, Egg & Cheese Breakfast Pizza Blueberry Cup, ½ c Milk	<u>Cold Plate:</u> WW English Muffin with Jelly Mixed Fruit Salad Milk
Lunch	Beef Meatloaf with Tomato Sauce Brown Rice, ½ c Seasoned Zucchini, ½ c Cantaloupe Cup, ½ c Milk	Chicken Penne Alfredo Steamed Broccoli, ½ c Fresh Banana Milk	Turkey Chili Cheese WW Mac Normandy Vegetables, ½ c Fresh Orange Slices, ½ c Milk	Grilled Chicken Nuggets (3) with Ketchup WG Mac & Cheese, ½ c Green Beans, ½ c Tropical Fruit Cup, ½ c Milk	WG Mini Turkey Corn Dogs (6) with Ketchup & Mustard Steamed Zucchini, ½ c Steamed Corn, ½ c Milk
Snack	Pretzels, 1 oz 100% Orange Pineapple Juice, 4 oz	WG Animal Cracker Cookies Mozzarella String Cheese	Chia Oatmeal Strawberry Bar Diced Pear Cup, ½ c	Rice Krispy Treat, .78 oz Fresh Apple	Fruit Cocktail, ½ c WW Crackers (2)
Late Snack	Honey Graham Crackers Applesauce Cup, ½ c	Petite Carrots, 2 oz Multi-Grain Sun Chips, 1 oz	Fruit Yogurt Cup WW Crackers (2)	WG Giant Cinnamon Goldfish Craisins, 1 oz	Apple Cereal Bar Milk

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WW = Whole Wheat
WG = Whole Grain
LF = Low Fat