



Pre-K 4 SA Menu: September 28th - October 2nd

(Cycle: Week 2, Day 6 - 10)

	MONDAY 28-Sep	TUESDAY 29-Sep	WEDNESDAY 30-Sep	THURSDAY 1-Oct	FRIDAY 2-Oct
Breakfast	Honey Scooters, WG Seasonal Fresh Fruit Milk	Turkey Sausage Patty WG Biscuit Mandarin Orange Cup Milk	WW French Toast Sticks Cinnamon Apples Milk	Breakfast Sandwich Turkey Canadian Bacon Sliced Cheese WW English Muffin Seasonal Fresh Fruit Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Diced Peaches Milk
Lunch	Salisbury Steak Mushroom Gravy WW Egg Noodles Brown Sugar Baby Carrots Pineapple Tidbit Cup Milk	Chicken Parmesan Breaded Chicken Patty WW Spaghetti Spaghetti Sauce Shredded Mozzarella Steamed Broccoli Milk	Open-Faced Chicken Sloppy Joes Ground Chicken Sloppy Joe Sauce WW Hamburger Bun Diced Butternut Squash Wax & Green Beans Milk	Sweet & Sour Chicken Grilled Chicken Strips Sweet & Sour Sauce Steamed Brown Rice Edamame Seasonal Fresh Fruit Milk	WG Pollock Fish Sticks WW Roll Steamed Corn Seasonal Fresh Fruit Milk
Snack	WG Animal Crackers Fruit Yogurt Cup	Mozzarella String Cheese WG Chocolate Graham	Vanilla Wafer Cookies 100% Grape Juice	Cheddar Rectangle WW Crackers	Apple Cereal Bar Mozzarella String Cheese
Late Snack	Honey Graham Crackers Applesauce Cup	Pineapple Cereal Bar Seasonal Fresh Fruit	White Cheddar Popcorn Craisins	Mini WG Bagel Sun Butter	Diced Pear Cup Oatmeal Strawberry Bar

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