

Fit Pass 2016 Participant Sign Up Sheet

Please fill out and submit this sheet to any Fit Pass representative to get started playing Fit Pass 2016!

Name: _____

Date: _____

Age: _____ Gender: M _____ F _____

E-mail Address: _____

Zip Code: _____

Where did you get your Fit Pass activity passport?: _____

Which best describes your current activity level? (Please check one)

Not very active or sedentary (Less than 75 minutes per week)

Somewhat Active (At least 75 minutes per week)

Moderately Active (At least 150 minutes per week)

Very Active (More than 150 minutes per week)