

New and Improved! Virgin Pulse Program!

Virgin Pulse 2.0:



Beginning December 30th, 2016, City employees participating in the Virgin Pulse program will experience an enhanced online platform & mobile app. Notable changes include a new look & feel, new & more engaging ways to earn points, a new mobile app, an individually customized user experience, and a new Wellness events calendar. The migration schedule is as follows:

December 9-30: During the migration process, no new users will be able to register for the Virgin Pulse program for the three week period leading into the start of the new platform on Friday, December 30th.

December 28: To ensure credit is received for activity in the 4th quarter of the year, users will need to upload their steps by midnight on Wednesday, December 28th.

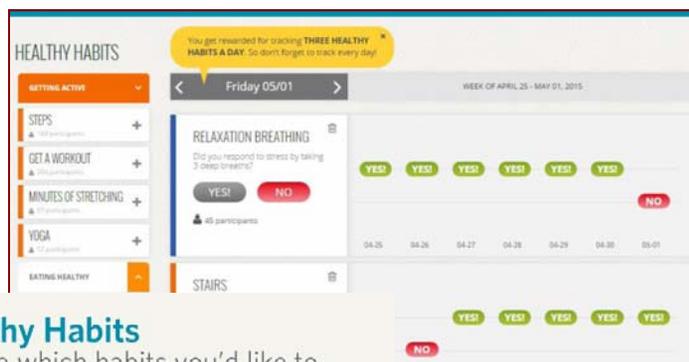
December 29: The program will not be accessible in any capacity on Thursday, December 29th.

December 30: The new platform will be fully accessible, both online and via the mobile app on Friday, December 30th.



Daily Cards

It's easy to earn points every day by checking out your daily cards. Be sure to complete the cards to earn points. If you like it, click the thumbs up to let us know. You'll see new cards on the site and mobile app each day.



Healthy Habits

Choose which habits you'd like to build and be sure you track them! You get rewarded for tracking three Healthy Habits each day, but you can track up to 20.



BATHROOM BANTER

DECEMBER

(210) 207-WELL wellness@sanantonio.gov

Education Sessions:

“Healthy Holidays” Cooking Demo

San Antonio Food Bank

12/8 3:15 p.m. – 4:00 p.m.

Pre-K 4 SA South Education Center

“Holidayze: Enjoy the Holidays & Minimize Holiday Stress”

Patti Ricker, Deer Oaks EAP

12/13 11:30 a.m. – 12:30 p.m.

Municipal Plaza Building, Mezzanine

Will I be able to use my Max, FitBit, and/or Misfit device?

Yes, you will be able to use your device in the new program! Check out all compatible devices on the Devices and Apps page under your profile in the dropdown menu.

What happened to HealthMiles points?

HealthMiles points are now called Points.

Will I be able to access my monthly statements?

You'll start fresh with the new program. Monthly statements will not be moved over, so print anything you may want to keep before the old program ends.

FAQs ?

Will my Virgin Pulse mobile app still work?

Your Virgin Pulse mobile app will still work as long as you have the latest update from the app store (iOS or Android). When you launch the app, if you are not prompted to login to your account, please logout and log back in. This will refresh the app, so that you can access the new mobile experience.

What happened to my existing friend network?

You will need to rebuild your network of friends. Start from a clean slate and add coworkers and friends who are already enrolled in the program, creating a new community of support.

Events Calendar

Check out all of your organization's scheduled wellness events each month.



Questions?

Employee Wellness:

210-207-WELL

wellness@sanantonio.gov

Virgin Pulse:

866-852-6898

support@virginpulse.com

Join Today: join.virginpulse.com/cityofsanantonio