

## Did You Know?

If you are a participant on the Aetna Golden Medicare Plan®, you are eligible for a Vision Eyewear Allowance. In fact, you can receive a \$100 reimbursement every 24 months!

Regular eye exams is important to preventing vision-impairing diseases.

Contact Aetna customer service at (800) 282-5366 or visit [aetnamedicare.com](http://aetnamedicare.com) for more information.

## Joining Your Ranks

### Mary Perez, 33 Years of Service



Mary Perez at her retirement celebration with Kevin Moriarty and her grandson Jon Philip-Saucedo.

Mary Perez retired on January 31, 2010 from the Police Department, after serving the City of San Antonio for 33 years. Since her retirement, Mary has not been able to stop traveling. She has made a point to visit friends and relatives all over the state including Alvin, Houston, Dallas and Galveston. During her stay in Dallas in March, she witnessed 9" of snow! She is planning a trip to Miami and Canada next. When asked what she likes most, Mary replied, "I truly enjoy not having any kind of schedule. I just get up and go!"

## Tell Us How You're Doing

Share your latest news with *Retiree Matters*! Send us photos of your most recent adventure, tell us about your accomplishments, or simply send a one-line announcement for us to share with fellow retirees in this newsletter. E-mail your information to [cosaretiree@sanantonio.gov](mailto:cosaretiree@sanantonio.gov).

Retiree Matters | Issue 02 | Spring 2010

**CITY OF SAN ANTONIO**  
Human Resources Department  
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# Retiree Matters



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## Spring Activities at Lion's Field Adult and Senior Community Center

Lion's Field offers exercise classes, ceramics, printmaking, photography, yoga and a host of other classes. Membership is only \$5 per year! Check out the *Lion's Roar* newsletter at [www.sanantonio.gov/sapar/seniors.asp](http://www.sanantonio.gov/sapar/seniors.asp) or call (210) 826-9041.

### Celebration of Seniors Ice Cream Social

**May 7th, 1—3 p.m.**

A free and fun afternoon of music, entertainment and Blue Bell ice cream!

### Junk in Your Trunk

**May 15th**

Spaces are still available for this parking lot sale. Only \$20 per space.

### Grandparents and Kid's Day

**June 15th, 10—2 p.m.**

A day of fun activities and crafts. Lunch is provided. Space is limited.

## Message from the Human Resource Director



Elizabeth Braune

Recently the federal government passed landmark legislation designed to reform healthcare in America. We are working diligently to learn the requirements and update our plans as needed to comply with the law and meet our retirees' needs. Retirees under age 65

(non-medicare) will see the first health-care reform benefit changes during Open Enrollment in October. Beginning January 1, 2011, adult children up to age 26 can enroll in the City's health plans without the need for student verification. The City will also remove most limitations of coverage for pre-existing conditions and eliminate most lifetime plan maximums. More information is to come soon. Contact us with questions.

## Lunch for \$3 at The Commander's House



The City's Parks and Recreation Department offers programming for seniors and adults at a variety of facilities, including **The Commander's House** located at **645 S. Main**. From games to a book club to road trips, there's something for every active senior offered at the center. A hot home-cooked meal is served on

Tuesdays, Wednesdays, and Thursdays at noon. Offered in partnership with H-E-B, the meal includes an entrée, salad, vegetable, dessert and coffee or tea for only \$3! A reservation is required, and informative programs or entertainment often follow the meal. Every last Wednesday of the month, people with birthdays or anniversaries are honored with a musical presentation and cake. Call (210) 224-1684 for more details.

## Past Due Accounts for Health care Premiums

In March, some retirees may have received a letter from the City indicating his/her customer account was past due for health insurance premiums. Keep in mind that some of the past due accounts were for invoices from previous months or years. The Human Resources Department's Fiscal Planning Division has undertaken an initiative to

reconcile customer accounts, including retiree health insurance accounts. While most have been resolved, the completion date is June 30<sup>th</sup>. This effort will improve customer service, and enhance timely invoicing and reminders for past due accounts in a more efficient manner. Please contact Customer Service at (210) 207-8705 if you have questions.

## TMRS Appoints New Executive Director



On March 12th, the TMRS Board of Trustees announced David Gavia as the new Executive Director of TMRS. Gavia is a native of San Antonio and has been the acting Executive Director of TMRS since August 2009. Gavia joined TMRS as General Counsel in 2001. Prior to his employment at TMRS, he worked as Assistant General Counsel in the Benefits / Tax area for the Employees Retirement System of Texas (ERS). In addition to being an attorney, he is also a Certified Public Accountant. As Executive Director, Gavia will implement the Board's policies and manage the future direction of TMRS, a public retirement system with more than 139,000 members in more than 830 cities. The System pays benefits to more than 34,000 retired Texans and administers a trust fund of more than \$15.9 billion (as of year-end 2009). The City of San Antonio is the largest participating municipality in the system, with more than 6,200 contributing members and 3,200 members receiving retirement benefits.

Gavia is a member of the National Association of Public Pension Plan Attorneys, the Texas Association of Public Pension Attorneys, the State Bar of Texas, and the American Institute of Certified Public Accountants. He earned his Bachelor of Science degree in Business Administration from Trinity University and his Juris Doctor degree from the University of Texas at Austin.

## Socialize with Us



Do you have a Facebook profile? Are you on Twitter or LinkedIn? Let us know! Follow the City of San Antonio Human Resources Department on these popular social networks and stay connected. Set up accounts on Facebook ([www.facebook.com](http://www.facebook.com)), Twitter ([www.twitter.com](http://www.twitter.com)) and LinkedIn ([www.linkedin.com](http://www.linkedin.com)) — there are no fees to join. Follow the instructions below once accounts have been set up.

To join the City of San Antonio Retiree Network group on Facebook, enter "City of San Antonio Retiree Network" in the Search bar at the top left and submit a "Request to Join".

On LinkedIn, enter "City of San Antonio Retiree Network" in the Search bar at the top right. Change the option using the drop down box to search for "Groups" and press enter. Click "Join this Group". To "tweet" with us, follow CitySA\_HR on Twitter. Contact Human Resources Customer Service at (210) 207-8705 for assistance with any of these tools.

## Budget Input Box



The City of San Antonio's Budget Input Box initiative will be in place again this year. The Budget Input Box provides a forum for residents to offer their suggestions on how the City of San Antonio can increase efficiencies, generate new revenues, and/or make effective changes to service delivery. Suggestions or ideas that fall within the scope of what the City provides will be reviewed and considered by City staff for the FY 2011 Budget. The boxes will be placed in City Hall and City offices, service centers, libraries, chambers of commerce and Community Link Centers. In addition, a new initiative includes community focus groups, which will be held in May and June. Visit [www.sanantonio.gov/budget](http://www.sanantonio.gov/budget) and click on the Budget Input Box link to submit suggestions online.

## Medicare Parts A, B and D



The original Medicare Plan has two parts: **Part A (Hospital Insurance)** helps cover inpatient care in hospitals, critical access hospitals, and skilled nursing facilities. **Part B (Medical Insurance)** helps cover doctor's services, outpatient hospital care, some physical and occupational therapy and some home health care. **Part D (Prescription Drugs)**

is the prescription drug program that covers both brand name and generic medicines. For most people, it covers about 3/4 of all prescription costs. Medicare Part D is available to anyone enrolled in Parts A or B. Most Medicare drug plans have a coverage gap. This means that after you and your drug plan have spent a certain amount of money for covered drugs, you have to pay all costs out-of-pocket for your prescriptions up to a yearly limit. The City's Part D plans offer continuous drug plan coverage without a coverage gap, as well as three tier coverage.

## Get it in Plain English

In this issue of *Retiree Matters*, we examine commonly used insurance terms and provide a definition which everyone can understand.

**Coinsurance** If your plan features coinsurance, this is the percentage you have to pay for services after you've met your deductible each year. Check your plan to see what (if any) coinsurance you pay.

**Copay** If your health plan includes a co-payment (copay is the abbreviation) you pay a flat fee for certain services, like doctor visits or drugs. This is different from coinsurance. Look at your plan to see what your copays are.

**Deductible** This is what you pay each year before your insurance takes over. The only money that counts here is what you spend on covered items. Check your health plan to see what's eligible and what's not. Copays do not apply to the deductible.

**Non-Billable Amount** This is the difference between what the medical provider charged and what your health plan will pay. When you visit a network provider, the health plan and provider have an agreement as to rates, and this is the provider's responsibility (sometimes called Provider Responsibility).

**Plan Discount** Your health plan has a network of medical providers - and they negotiate rates with them that allow for discounts for you. This is the number one reason you should always look for "in-network" providers.

## Contacts

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[cosaretiree@sanantonio.gov](mailto:cosaretiree@sanantonio.gov)  
[tmrsquestions@sanantonio.gov](mailto:tmrsquestions@sanantonio.gov)

**Texas Municipal Retirement System**  
 (800) 924-8677  
[www.tmrs.org](http://www.tmrs.org)

**AARP Medicare Supplement**  
 Customer Care  
 (800) 392-7537  
[www.aarphealthcare.com](http://www.aarphealthcare.com)

**UnitedHealthcare MedicareRx for Groups**  
 Customer Care  
 (888) 867-5562

**UnitedHealthcare**  
 Customer Care  
 (800) 996-2078  
[www.myuhc.com](http://www.myuhc.com)

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