CITY OF SAN ANTONIO
HUMAN RESOURCES DEPARTMENT

CITY OF SAN ANTONIO
Human Resources Department
Riverview Towers Building
111 Soledad, Ste. 100
San Antonio, TX 78205

Joining Your Ranks

Congratulations to the following people on their recent retirement! Thank you for your years of dedicated service to the City of San Antonio.

Bennie L. Burley
Parks & Recreation, 30 yrs.
Corine B. Clutter
Metro Health, 22 yrs.
Herbert M. Foote
Municipal Court, 21 yrs.
Robert S. Garcia
Solid Waste Management, 32 yrs.
Evelyn C. Garibay
Convention & Visitors Bureau, 34 yrs.
Dolores V. Gonzales
Human Services, 37 yrs.
Jesse R. Gutierrez
Solid Waste Management, 20 yrs.
Margaret B. Kawana
Police, 34 yrs.
Pedro Martinez
Center City Development & Operations, 33 yrs.
Jose Medina,
TCI, 22 yrs.
Juan Ortiz
Convention & Sports Facilities, 23 yrs.
Rudy Ramirez
Solid Waste Management, 30 yrs.
Leticia Velazquez
Convention & Sports Facilities, 25 yrs.
Mary Jane Veloz
Police, 30 yrs.

Plan to attend! The next Brown Bag session is scheduled for Thursday, **August 20** from **11:30 a.m.—1 p.m.** at the **Central Public Library Auditorium, 600 Soledad.**

The City's Chief Financial Officer, Ben Gorzell, will present the FY 2016 Proposed Budget and Debbie Sittre, Transportation & Capital Improvements Assistant Director, will visit with you about participating in the City's upcoming United Way Charitable Campaign.

Light refreshments will be provided, but please feel free to bring a bag lunch. Free parking will be available in the Library's parking garage. To reserve your seat, please leave a message on the ***new*** Retiree RSVP Line at 210-207-7000 or email hrcustomerservice@sanantonio.gov.

2015 Retiree Matters

QUARTERLY NEWSLETTER
for City of San Antonio Retirees
Issue 23| July 2015

In this Issue

City Manager's Letter
Page 2
Men's Health
Page 3
Brown Bag Series
Page 4
Joining Your Ranks
Page 4

Traveling soon?
Tips from SA Airport

#1: Arrive Early: Arrive two hours before your flight.
#2: Check Parking: Before leaving home, visit sananto-nio-airport.com, to review parking availability.
#3: Pack with Security in Mind: Know what is and isn't allowed in carry-ons and checked luggage. Check tsa.gov for details.
#4: Use Cell Phone Lot: Use the free Cell Phone Waiting Lot to wait for the arrival of passengers.
#5: Sign up for Airport Social Media Updates: Stay up to date through Facebook or follow the San Antonio International Airport on Twitter.

Lori Steward

Message from Human Resources Director

Dear City of San Antonio Retirees,

Believe it or not, we are well into summer, and before we know it, we'll be talking Thanksgiving and the holiday season.

I hope this summer is finding you enjoying (or possibly escaping) the heat! We've spent quite a bit of time indoors lately working on the FY2016 Proposed Budget and hope you'll attend the August 20 Brown Bag event, as this will be one of the topics presented. Ben Gorzell, the City's Chief Financial Officer, will discuss the proposed budget and address any questions you may have.

In addition to details about the Brown Bag event, this issue of *Retiree Matters* also offers an announcement from the City Manager regarding the City's United Way Charitable Campaign, some helpful information regarding air travel, Humana's First Nurse Advice Line, and an update from RECOSA.

As always, please let us know if there are any topics you would like to see in future issues of *Retiree Matters* by emailing your ideas to cosaretiree@sanantonio.gov.

Humana News—Advice Line

The Humana First Nurse Advice Line is a medical information line staffed by nurses who answer member questions regarding medical conditions, symptoms, and treatments. Nurses also assist members in determining the most appropriate level of care (members experiencing a life-threatening emergency should call 911 or their local emergency services provider).

Services provided through this program include:

- guidance on when emergency room, urgent care or primary physician care is needed;
- determining eligibility for Humana clinical offerings, such as case management services, disease-specific programs, and personal health coaching; and
- a medical information library with more than 400 topics that is accessible through the member's MyHumana Web page.

The 24-hour Nurse Advice Line is 1-800-622-9529 and available seven days a week, including holidays. Those who use a TTY should dial 711.

Notes From The City Manager

Sheryl Sculley

Dear City of San Antonio Retirees:

I am proud to announce that I have permanently appointed Lori Steward as Human Resources Director. As many of you know, Lori has been serving as Interim Human Resources Director since August 2014, and I am confident that Lori will continue leading the Human Resources Department in a positive direction and building a strong partnership with you.

As we all know, it is budget time, and I will be presenting the FY 2016 Proposed Budget to City Council on August 6, 2015. Once the budget is proposed, you will receive a special edition of *Retiree Matters* that outlines the details of the budget that pertain to your compensation and benefits. I want to thank the RECOSA Board for working with our City leadership through this process. I understand that it can sometimes be challenging, but I appreciate your input and understanding that we are committed to providing you with the best compensation and benefits we can while remaining within our budgetary means.

I want to take this opportunity to also announce an exciting change that we are making to our annual United Way Charitable Campaign this year. I know that many of you supported the campaign as an active employee, and in 2015, we are expanding our efforts to our retiree community and giving you the opportunity to once again support those organizations or causes that are special to you. We want to make this process as easy as possible, so enclosed in this newsletter is a contribution form for you. Once completed, you may mail it, along with your donation, to the Human Resources Department, or you may bring them both with you to the August 20 Brown Bag event. As you will see on the form, you may select up to four organizations to support through your contribution. A list of all the United Way organizations is also provided on the form, along with a website address for those who prefer online giving, and mailing address if you wish to mail your contribution.

I am a longtime supporter of United Way, in fact, it has been an important part of my life throughout my entire career. I am so proud that our City employees join together each year to support the numerous organizations and causes that serve the needs of so many in our community. Last year, our employees raised more than a $1 million and we are reaching for that goal again this year. I am thrilled that COSA retirees will now have the opportunity to join these efforts. I want to thank you in advance for your participation—with the retiree community on board, I have no doubt we will reach our goal.

United Way
United Way of San Antonio and Bexar County

CHANGING LIVES

Enjoy the rest of your summer, and as always, please feel free to contact my office with any questions. Thank you for your service to our City.

Sincerely,

Health Corner - Men's Health

According to the Centers for Disease Control and Prevention, the top two causes of death among the male population are heart disease and cancer. For these reasons, and simply to ensure the highest quality of life possible, here are two ways to take an active role in your health and well-being.

Preventive Care – Preventive screenings such as annual physicals are essential to preventing or catching diseases early, when they are easier to treat. Did you know that colorectal and prostate cancer screenings are recommended if you are age 50 or older? Remember, most preventive screenings are covered at **100%** through both the UnitedHealthcare and the Humana Medicare health plans.

Tobacco Use – Quitting tobacco can add years to your life and save you **$40** a month (pre-65 retirees)! With the City's tobacco cessation resources, including the prescription drug plan and the American Cancer Society's Texas Tobacco Quitline—1-877-YESQUIT, you can kick tobacco to the curb permanently. Medicare retirees have access to a number of resources through QuitNet® at 1-888-572-4074.

Words on RECOSA (submitted by RECOSA)

Happy Summer! Your RECOSA Board has been working on a variety of issues on your behalf including:

- Signing up RECOSA members for ***AirLIFE*** helicopter ambulance services at a discounted price of $10 per year per household. You may still join at the next Brown Bag session on August 20 or visit our website, www.recosa.org.
- Attending the City's "Speak-Up" sessions to represent the interests of civilian/non-uniform retirees as the ***FY 2016 Proposed Budget*** is prepared. RECOSA also sent a letter to the City Council and City Manager requesting that our retirees not be forgotten during the budget process. As always, the RECOSA Board will closely monitor any proposed changes that could negatively impact retirees.
- Updating ***RECOSA's Bylaws***. We hope to have the draft bylaws posted for your review on the RECOSA website by October 1.
- Addressing ***changes in Board Membership***. Our Immediate Past and Founding Board Chair, Gene Camargo, has retired as an active Board Member and is now serving as an Ex-Officio Board Member representing RECOSA on the City's Post-65 Health Insurance Selection Panel. We are most grateful for Gene's continued service to the board. We were sorry to lose David Casas and Sylvia Glover who have retired from the board due to time constraints and family commitments. We have added three excellent new board members who have filled these vacancies: Rose Rangel, Board Secretary; Charles Pruski; and Sergio Soto. We welcome them and appreciate the enthusiasm, energy, and commitment they have brought to the board.
- Welcoming our new ***RECOSA Webmaster***, Nancy Dean, who will help us refresh our website.
- Planning RECOSA's ***Annual Meeting*** to be held ***November 12*** at the Central Library, exact time to be determined. Please mark your calendars!
- Working with Human Resources to finalize the ***Agenda for the next Brown Bag session on August 20, 11:30 a.m., at the Central Library***. See page 4 for details.

Finally, it is important that we have your current EMAIL ADDRESS in our database so that we may quickly contact you, if needed. We do not have the funds to send out mass mailings, so we rely on email communication. Please send your updated contact information to info.recosa@gmail.com. (NOTE: Contact information will be kept strictly confidential and only used for RECOSA business). *RECOSA is a 501(c)3 non-profit organization.*

Contacts

City of San Antonio Human Resources Customer Service
111 Soledad, Ste. 100
San Antonio, TX 78205
210-207-8705 (P)
210-207-6043 (F)
www.sanantonio.gov/hr
cosaretiree@sanantonio.gov
hrcustomerservice@sanantonio.gov

Retiree RSVP Line
210-207-7000

Davis Vision
1-800-448-9372
www.davisvision.com

Delta Dental
1-800-422-4234
www.deltadentalins.com/cityofsanantonio/retirees.html

Humana Advantage
Customer Care
1-866-396-8810
www.humana.com

Medicare
1-800-633-4227
www.medicare.gov

Retiree Liaison
Ann Solis
210-207-0073

Texas Municipal Retirement System
1-800-924-8677
www.tmrs.com

UnitedHealthcare
Customer Care
1-800-996-2078
www.myuhc.com