

# SOUTH TEXAS TRAUMA INFORMED CARE CONSORTIUM



*Vision: A Certified Trauma Informed Bexar County*

## TRAUMA INFORMED CARE AWARENESS MONTH UPDATED! MAY 2019 CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> COSA Council Proclamation TIC Awareness Month 5:00p-5:30p	<b>2</b>	<b>3</b> Conscious Discipline Training (TXAETC) 8:30a-3:30p	<b>4</b>
<b>5</b> Reading Recommendation: "The Body Keeps Score: Brain, Mind, and Body in the Healing of Trauma" by Bessel Van Der Kolk, M.D.	<b>6</b>	<b>7</b> -ACEs Presentation Benavides Community Room (Metro Health) 1:00p-2:30p	<b>8</b> -COSA TIC Press Conference 9:30a-10:30a -TPR Interview 12:00p-1:00p	<b>9</b> Central Library Screening of "Resilience: 6:00p-7:45p	<b>10</b>	<b>11</b> TBRI: Overview (Communities In Schools) 9:00a-12:00p
<b>12</b>	<b>13</b> E-Learning: Trauma Informed Care Modules 1&2	<b>14</b>	<b>15</b> Reading Recommendation: "The Deepest Well: Healing the Long-Term Effects of Childhood Adversity" by Nadine B. Harris, MD	<b>16</b>	<b>17</b> -Domestic Violence- Family Impact (FSA) -Trauma Informed Therapy (ChildSafe) 10:00a-12:00p	<b>18</b> 6 <sup>th</sup> Annual Family Health and Wellness Expo 11:00a-4:00p -BBBS orientation see below
<b>19</b> Reading Recommendation: "Born for Love: Why Empathy is Essential and Endangered" by Bruce D. Perry, MD, PhD	<b>20</b>	<b>21</b> -Bexar County TIC Proclamation 10:00a-10:30a -Mindfulness (Communities In Schools) 5:15p-7:15p	<b>22</b> -Working with Survivors of Trauma (The Children's Shelter) 10a-12p -My Brother's Keeper Film Screening 6:00p-8:00p	<b>23</b> Getting Relationships Right (Communities In Schools) 9:00a-11:30a	<b>24</b> Child Traumatic Stress & Behavior (ChildSafe) 1:00p-2:30p	<b>25</b> Reading Recommendation: "The Boy Who Was Raised as a Dog" by Bruce D. Perry, MD, PhD -BBBS see below
<b>26</b>	<b>27</b> <b>Memorial Day Holiday</b>	<b>28</b> -BBBS orientation see below	<b>29</b> TICC Screening of "Resilience" and Panel Discussion (Pearl Stable) 6:00p-8:30p -BBBS see below	<b>30</b> ACEs Presentation Mission Library (Communities In Schools) 6:00p-7:30p	<b>31</b>	



## Updated! EVENT LISTINGS – May 2019

<p><b>May 17<sup>th</sup> Trauma Informed Therapy</b>                  10:00a-12:00p @ Austin Building, 4415 Piedras Dr. West, 78228. 2<sup>nd</sup> Floor Conference Rm. Presented by ChildSafe, CEUS will be provided for Social Workers, LPCs, and LMFTs. Registration deadline is May 16<sup>th</sup>. <a href="#">Register Here</a></p>	<p><b>May 23<sup>rd</sup> Getting Relationships Right</b>                  9:00a-11:30a @Cafe College, 131 El Paso St. 78204. Presented by Communities In Schools. Register by email: <a href="mailto:sbosse@cissa.org">sbosse@cissa.org</a> or call 210.520.8440 x305</p>	<p><b>May 5<sup>th</sup> Reading Recommendation</b>  <b><u>The Body Keeps Score: Brain, Mind and Body in the Healing of Trauma</u></b>                  by Bessel Van Der Kolk, M.D.</p>								
<p><b>May 17<sup>th</sup> Domestic Violence-Family Impact</b>                  9:30a-12:00p @ The Neighborhood Place 3014 Rivas, 78228. Presented by Family Service Association. <a href="#">Register Here</a></p>	<p><b>May 24<sup>th</sup> Child Traumatic Stress &amp; Behavior</b>                  1:00p-2:30p @Austin Building, 4415 Piedras Dr. West, 78228. 2<sup>nd</sup> Floor Conference Rm. Presented by ChildSafe. CEUs will be provided for Social Workers, LPCs, and LMFTs. Registration deadline is Thursday, May 23<sup>rd</sup> <a href="#">Register Here</a></p>	<p><b>May 15<sup>th</sup> Reading Recommendation</b>  <b><u>The Deepest Well: Healing the Long-Term Effects of Childhood Adversity</u></b>                  By Nadine Burke Harris, M.D.</p>								
<p><b>May 21<sup>st</sup> TRAINING-Mindfulness</b>                  5:15p-7:15p @ CIS Central Office, 1616 E Commerce St, 78205                  Presented by Communities In Schools. Register by email <a href="mailto:sbosse@cissa.org">sbosse@cissa.org</a> or call 210.520.8440 ext 305</p>	<p><b>May 30<sup>th</sup> TRAINING-ACEs Presentation</b>                  6:00p-7:30p @Mission Library 3134 Roosevelt Ave., 78214. Presented by Communities In Schools</p>	<p><b>May 19<sup>th</sup> Reading Recommendation</b>  <b><u>Born for Love: Why Empathy Is Essential—and Endangered</u></b>                  By Bruce D. Perry, M.D., Ph.D.</p>								
<p><b>May 21<sup>st</sup> Excel Beyond the Bell Summit</b>  <a href="#">Click here for registration information</a>                  Youth Development Leaders from across San Antonio will gather for “Relationships in Action”. The Summit will be full of powerful speakers for all levels of expertise, and time for deep relationship building.</p>	<p><b>May Volunteer and Parent Orientation Training Dates-Big Brothers Big Sisters of SA</b></p> <table border="0"> <tr> <td><b>Volunteer Orientation Dates:</b></td> <td><b>Parent Orientation Dates:</b></td> </tr> <tr> <td>5/18—10:30am-11:30am</td> <td>5/25—10:30am-11:30am</td> </tr> <tr> <td>5/25—10:30am-11:30am</td> <td>5/29—6p-7p</td> </tr> <tr> <td>5/28—6p-7p</td> <td></td> </tr> </table> <p>Big Brothers Big Sisters of San Antonio helps a child realize their potential and build their futures. We nurture children and strengthen communities through one to one mentoring. Register for sessions or communicate with Kierra Goodwin at <a href="mailto:kgoodwin@bigmentor.org">kgoodwin@bigmentor.org</a></p>		<b>Volunteer Orientation Dates:</b>	<b>Parent Orientation Dates:</b>	5/18—10:30am-11:30am	5/25—10:30am-11:30am	5/25—10:30am-11:30am	5/29—6p-7p	5/28—6p-7p	
<b>Volunteer Orientation Dates:</b>	<b>Parent Orientation Dates:</b>									
5/18—10:30am-11:30am	5/25—10:30am-11:30am									
5/25—10:30am-11:30am	5/29—6p-7p									
5/28—6p-7p										
<p><b>May 22<sup>nd</sup> Working with Survivors of Trauma</b>                  10:00a-12:00p at 612 Nogalitos, SA, 78204                  Presented by The Children’s Shelter, Register by emailing <a href="mailto:mstrickland@chshel.org">mstrickland@chshel.org</a> or calling Maritza Strickland at 210-212-2569</p>	<p><b>May 29<sup>th</sup> RESILIENCE Screening</b>                  600p-8:30p @ Pearl Stable. Event hosted by the Rivard Report. Panel Discussion following screening.</p>	<p><b>May 25<sup>th</sup> Reading Recommendation</b>  <b><u>The Boy Who Was Raised as a Dog</u></b>                  By Bruce D. Perry, M.D., Ph.D.</p>								
<p><b>May 22<sup>nd</sup> My Brother’s Keeper Film Screening</b>                  6:00p-8:00p at MSWC 801 N. Olive St., San Antonio Film Screening of Healing Justice with circle dialogue. Hosted by Martinez Street Women’</p>	<p><b>May 18<sup>th</sup> FREE Family Event</b>                  6<sup>th</sup> Annual Family Health and Wellness Expo:                  11:00a-4:00p @ Henry B. Gonzalez Convention Center. Guest speaker: Dr. Colleen Bridger</p>	<p><b>May 21<sup>st</sup> Bexar County Proclamation</b>                  10:00a-10:30a at Bexar County Court House (Old Court House) 100 Dolorosa, 78205 Double Height Courtroom—2<sup>nd</sup> Floor</p>								

Thanks to the following organizations for making these events possible and available to our community:

- Family Service Association
- City of San Antonio Metropolitan Health District
- San Antonio Public Library
- Voices for Children
- Rivard Report
- UT Health
- Communities in Schools
- The State of Texas, County of Bexar
- The Children’s Shelter
- ChildSafe
- The Pearl

## In case you missed it...



### [Creating A Trauma-Informed Bexar County | Texas Public Radio](#)

WEDNESDAY at noon on "The Source" — Fifty percent of Texas children ages 17 and under have gone through at least one adverse childhood experience. How can a trauma-informed approach to providing health care, education and other services benefit individuals who experienced trauma at an early age?

[www.tpr.org](http://www.tpr.org)

[click here for a link to the program](#)

On **May 8<sup>th</sup>**, the Tri-Chairs of the South Texas Trauma Informed Care Consortium—Dr. Colleen Bridger, Interim Asst City Manager, City of San Antonio, Yvette Sanchez COO of The Children's Shelter, and Dr. Kathy Fletcher, CEO of Voices for Children were interviewed on "The Source".

## NEWS FROM UT HEALTH:

UT Teen Health in conjunction with the UT School of Nursing invites you to attend the San Antonio Adolescent Health Conference. This conference will provide attendees with an overview of local success in addressing adolescent health. One successful outcome is reflected in the continued decreasing teen birth rate in San Antonio. There will be no cost for the conference and it is open to nurses, counselors, social workers, community health workers, and community-based organizations staff. The attached flyer provides details.

Space is limited. Please register using this Eventbrite link:

<https://utteenhealthtrainingadolescenthealthcon.eventbrite.com>

A Resource Fair will be conducted in conjunction with the conference. If you would like to be an exhibitor in the Resource Fair please contact Bill Sandburg, at [sandburg@uthscsa.edu](mailto:sandburg@uthscsa.edu).

If there are any questions or additional information needed feel free to contact Bill Sandburg at 210-567-0140 or email at [sandburg@uthscsa.edu](mailto:sandburg@uthscsa.edu).

*The latest from*  
**Child Trends**

New research summarizes current practices for [implementing trauma-informed care to support children who have been exposed to trauma](#). The authors outline the ways in which a broad range of programs (including afterschool programs, schools, early care and education providers, medical providers, and social services) can incorporate trauma-informed care into their services and help children build resilience against past and future traumatic experiences.

Childhood trauma is strongly linked to mental and physical health problems over a child's life. The brief reviews how children react to trauma based on their age, offers different conceptualizations of resilience against trauma, and lays out steps that individuals who care for children can take to become trauma-informed. To help children build resilience against traumatic experiences, a comprehensive system of programs, services, and individuals must:

- Understand the widespread impact of trauma and potential paths for recovery
- Recognize the signs and symptoms of trauma in clients, families, staff, and others involved in the system
- Fully integrate knowledge about trauma into policies, procedures, and practices
- Prevent the re-traumatization of children and the adults who care

[Click here to read the full brief](#)

## Sector Support Group:

*If you have a question or need to contact any of the workgroups, please reach out to these folks:*

- **Angelica Valle** (The Children's Shelter). [avalle@chshel.org](mailto:avalle@chshel.org). She provides support to the full consortium in concert with the other support group.
- **Connie Soria** (City of San Antonio/COSA). [Connie.soria@sanantonio.gov](mailto:Connie.soria@sanantonio.gov). She works with:
  - Medical/Hospitals workgroup
  - Local Government workgroup
- **Cyndi Cardenas** (Voices For Children). [ccardenas@voicessa.org](mailto:ccardenas@voicessa.org). She works with:
  - Education PreK-12 workgroup
  - Early Care and Education workgroup
  - Youth Development/Afterschool workgroup
  - Faith Based workgroup
- **Sean Greene** (City of San Antonio/COSA). [Sean.greene@sanantonio.gov](mailto:Sean.greene@sanantonio.gov). He works with:
  - Court Systems workgroup
  - Mental Health/Behavioral workgroup
- **Cheryl Weise** (The Children's Shelter) [cweise@chshel.org](mailto:cweise@chshel.org). She works with:
  - Child Welfare/Foster Care workgroup
  - Family Support workgroup
  - Philanthropy workgroup
  - Newsletter