

SOUTH TEXAS TRAUMA INFORMED CARE CONSORTIUM



Vision: A Certified Trauma Informed Bexar County

Sector Support Team:

If you have a question or need to contact any of the workgroups, please reach out to these folks:

- **Angelica Valle**, (The Children's Shelter). avalle@chshel.org She provides support to the full consortium in concert with the other support group.
- **Connie Soria** (City of San Antonio/COSA). Connie.soria@sanantonio.gov She works with:
 - Medical/Hospitals workgroup
 - Local Government workgroup
- **Cyndi Cardenas** (Voices For Children). ccardenas@voicessa.org She works with:
 - Education PreK-12 workgroup
 - Early Care and Education workgroup
 - Youth Development/Afterschool workgroup
 - Faith Based workgroup
- **Sean Greene** (City of San Antonio/COSA). Sean.greene@sanantonio.gov He works with:
 - Court Systems workgroup
 - Mental Health/Behavioral workgroup
- **Cheryl Weise** (The Children's Shelter) cweise@chshel.org
 - Child Welfare/Foster Care workgroup
 - Family Support workgroup
 - Philanthropy workgroup
 - Newsletter

SCHEDULED GROUP MEETINGS

- **July 19**-Mental/Behavioral Health
- **July 23**-Medical/Hospitals
- **July 23**-Justice Systems
- **July 24**-Strategic Communications
- **July 25**-Child Welfare/Foster Care
- **July 29**-Gov't and Strategic Communication
- **August 5**-Sector Support
- **August 8**-Family Support
- **August 13**-Philanthropy
- **August 28**-Steering Committee (closed group)
- **August 29**-Child Welfare/Foster Care
- **Oct 9**-Full Consortium

Contact Sector Support team for information about these meetings if you are interested

DID YOU KNOW?!

The Trauma Informed Care Certifying Entity Business Plan is available to review! Click on the blue link below to read the plan:

[Click here](#)



Workgroup Highlights:

CHILD WELFARE/FOSTER CARE workgroup:

The #1 Priority of this workgroup is to review current trauma informed care practices in the local community. Under the guidance of Dr. Megan Piel, UTSA professor of Social Work, and a group of her graduate students, the workgroup is building a survey which could be used by other workgroups. They hope to have this document ready for use in the fall. The survey will be invaluable to help agencies and organizations in South Texas determine what they need to get certified to deliver trauma informed care. Coupled with the new Business plan offered by the City of San Antonio, this endeavor will go a long way to realizing the vision of the South Texas Trauma Informed Care Consortium.

HIGHER EDUCATION workgroup:

At the last Steering Committee meeting, the group agreed to add a 12th Sector workgroup to meet the needs of post-high school education. The Consortium is recruiting higher education organization workgroup partners. If you are interested, or know groups who would be, please reach out to any of the Sector Support team members.

Don't forget about the offering from UT Teen Health!

Your agency can increase awareness of Trauma Informed Care by using these

Trauma-Informed Approach, **Part I** defines trauma and discusses adverse childhood experiences, or ACEs; the effects or reactions to trauma, and developing a shift from the existing paradigm to a trauma-informed approach. (20 minutes) Accessed using the following link: [click here](#)
Use the password: UTteenhealth

Trauma-Informed Approach, **Part II** reviews how individuals can respond to traumatized youth, manage disclosures of abuse, and covers mandatory reporting. It also discusses how to refrain from re-traumatization and gives tips for building resiliency. (20 minutes) Accessed using the following link: [click here](#) Use the password: UTteenhealth

Trauma-Informed Approach, **Part III** outlines how a trauma-informed approach can be adopted by an organization, using six key principles. (20 minutes) Accessed using the following link: [click here](#) Use the password: UTteenhealth

Trauma-Informed Approach, **Part IV** provides an explanation of how the individuals who work with traumatized youth may experience vicarious trauma and gives self-care resources that are available to them. (20 minutes) Accessed using the following link: [click here](#) Use the password: UTteenhealth

Please let us know if you have any questions or issues.

Once you have completed each module, a certificate will be emailed to you in a separate email.

UTTeenHealth@UTHSCSA.edu 210.567.7036

Meanwhile, other wonderful things happening in the world out there...

First, the video of a father having a conversation with his baby has gone viral. This video is an excellent real-life example of “Serve and Return”, baby brain development through a caring interaction with an adult.

[Click here for the short video](#)

And then, Never Give Up: A Complex Trauma Film by Youth for Youth, by the National Child Traumatic Stress Network (NCTSN)

[Click here to see the short video](#)

Food for Thought:

How early childhood trauma can have negative health consequences that seep across generations:

[Tulane Psychiatrist Dr. Stacy Drury earns award for valuable research](#)

How natural disasters affect kids:

[click here for the link to the video](#)

The Impact of Adversity on the Young Child:

[click here for the Impact of Adversity article](#)

Priorities for Babies at the Border:

[click here for Zero to Three article](#)

BUILDING RESILIENCE IN THE SOUTH TEXAS COMMUNITY



Compadre Y Compadre Program **(a program of The Children's Shelter)**

-is a certified, trauma informed care program offering basic needs support, case management, mentoring, education and mental health counseling to fathers and father-figures in the Bexar County area. Since 2008, **Compadre** has served more than 3000 male care givers, over 7000 children, and recruited more than 500 mentors.

iParent (a program of The Children's Shelter)

-is a certified trauma informed care program offering assistance in three service tracks:

- **Long term**—an in-home program offering parent education and case management with needs support.
- **Military**—in-home parent support, education and case management services for parents and military dependents.
- **HOPES 3**—a group and community-based initiative providing parent education for families with young children from 0-5 years.

Bexar County Juvenile Probation Dept.

-recognizes the importance of trauma informed care services for the youth they serve. Dr. Von Stultz reports that they have multiple training programs for the staff including an ACEs Interface, Trauma Informed Care modules, Information on Childhood Deaths, Seeing Delinquency Through a Trauma Lens, 40 Developmental Assets and Suicide Prevention Training. They provide trauma-focused interventions aligned with the Sanctuary Model in conjunction with Functional Family Therapy and provide a trauma screening with a Criminogenic Risk Assessment, a checklist for children and an identification tool for commercial sexual exploitation.

This newsletter is an endeavor of the Sector Support Team to provide updates and information centered with the mission, vision and goal of the South Texas Trauma Informed Care Consortium. If you have questions, or information to share, please send to Cheryl Weise, current newsletter editor, at cweise@chshel.org.