

Swim Lesson FAQ's for Parents of Participants

Can we be in the pool area during lessons?

Parents in the pool area can be a distraction to children, who often become more interested in watching their parents than listening to the instructor. We invite you to watch your children from the bleachers that are located in the pool area. We do welcome parents to go on pool deck during the last class. We recommend that you dress for the heat and bring your camera.

Is there a lifeguard on duty?

Yes, there is always a lifeguard on deck who is not instructing.

What if my child cries during lessons?

All attempts are made to comfort the child, but if the child persists, a parent or guardian will be notified to come to the teaching area and remove the child from the class.

How long are the sessions and lessons?

Each session consist of 6 six lessons. Parent/Child and preschool swim classes are 30 minutes in length. School age and adult classes are 45 minutes long.

How do I know what level to sign my child up for?

If you're unsure of your child's level please feel free to call 210-207-3299 to see when the next swim lesson evaluation will be.

Do certified instructors lead the classes?

Yes, every class is led by a certified swim instructor. All of our instructors have completed the American Red Cross Water Safety Instructors (WSI) course in addition to CPR Pro, and first aid certifications.

What if my child needs to use the bathroom during class?

Please encourage your children to use the bathroom prior to class. If the need arises and you are not available, an instructor will take them.

How much will my child learn in six lessons?

All children learn and grow at different rates; therefore how much a child learns will depend on each child. The more time devoted to learning and practicing a skill, the quicker a child will progress. Our program is a progressive program, meaning that there are no pass or fail in a level. Swimmers will move up to the next level when they have accomplished all of the criteria.

Why is my child in the same level repeatedly?

It may take longer for some children than others to move up to the next level. Sometimes a growth spurt will cause children to become uncoordinated in the water, which may seem like a temporary setback. Encourage your children to do their best, and let them know you are proud of them.

Does my child need to shower before lessons?

It is a pool policy that all swimmers take a soapy shower before they enter the pool. All areas where you swim suit touches needs to be scrubbed. This is an important step in keeping our pools clean and our swimmers healthy.

Does my child need goggles?

Goggles are permitted and highly recommended; please make adjustments before class. (Masks covering the nose are not permitted.)

Does my child need to wear a swim cap?

If your child has long hair it should be pulled back and secured. A swim cap is not necessary. Barrettes and a pony tail holder work just as well.

Why do you use flotation devices?

When properly used, Individual flotation devices (IFD's) aid skill development. Such devices free swimmers from worrying about staying afloat.

Can I volunteer to help with swim lessons?

Yes, we love to have volunteers in our swim classes. We accept individuals who are 12 and older and can pass the current level they will be assisting in. If you or someone you know would be interested, please call 210-207-3297.

How will I know if my child is progressing?

Progress reports will be distributed on the last day of class; however, your child's instructor will be available before and after class to answer any questions you may have.

Is there anything I can do to help my child learn to swim?

Yes! Encourage your children. Work with each child on swimming skills at home and whenever you get the chance to go swimming together.