



Pre-K 4 SA Menu: January 25th - 29th

(Cycle: Week 4, Day 16 - 20)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	25-Jan	26-Jan	27-Jan	28-Jan	29-Jan
Breakfast	Toasty O's Cereal Seasonal Fresh Fruit Milk	WW Pancakes Turkey Sausage Links Dragon Punch Juice Milk (Syrup)	Breakfast Sandwich Egg Patty Sliced Cheese WW English Muffin Seasonal Fresh Fruit Milk	Turkey & Swiss Bagel Sliced Turkey Swiss Cheese WW Bagel Cinnamon Peaches Milk	Fruit & Yogurt Plate Vanilla Yogurt Granola Strawberries/Blueberries Milk
Lunch	Cut Turkey Breast WW Roll Brown Gravy Garlic Mashed Potatoes Steamed Peas Milk	Spaghetti & Chicken Meatballs Chicken Meatballs WW Spaghetti Spaghetti Sauce Steamed Broccoli Milk	Beef Hot Dog Beef Frank WW Hot Dog Bun Sweet Potato Tots Green Beans & Tomatoes Milk (Ketchup;Mustard)	Chicken Ranchero Grilled Chicken Patty Ranchero Sauce Spanish Brown Rice Pinto Beans Seasonal Fresh Fruit Milk	Hot Ham & Cheese Sandwich Sliced Ham Sliced Cheese WW Bread Seasoned Cauliflower Cinnamon Apples Milk
Snack	WG Cinnamon Goldfish Craisins	Marranitos Mozzarella String Cheese	Alphabet Crackers 100% Apple Juice	Pineapple Cereal Bar Milk	WW Chocolate Chip Cookie Wango Mango Juice
Late Snack	Mini WG Bagel Sun Butter	Baby Carrots Multi-Grain Sun Chips	Cheddar Rectangle WW Crackers	WG Vanilla Graham Applesauce Cup	White Cheddar Popcorn Diced Pear Cup

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