



Pre-K Menu: March 30 – April 3, 2015

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3/30	3/31	4/1	4/2	4/3
Breakfast	Apple Cinnamon Cheerios Fresh Orange Slices, ½ c Milk	WW Pancakes (2) with Syrup Turkey Sausage Links (2) Pear Cup, ½ c Milk	Mini Cheese Omelet Buttermilk Biscuit Cinnamon Apples, ½ c Milk	<u>Cold Plate:</u> Yogurt & Fruit Plate Vanilla Yogurt with Granola Strawberries & Pineapple, ½ c Milk	PRE-K CLOSED
Lunch	WG Mini Turkey Corn Dogs (6) with Ketchup & Mustard Steamed Zucchini, ½ c Steamed Corn Kernels, ½ c Milk	WG Spaghetti (½ c) & Chicken Meatballs (4) with Pasta Sauce Steamed Broccoli (½ c) Cantaloupe Cup, ½ c Milk	Cut Turkey Breast with Gravy Garlic Mashed Potatoes (½ c) Green Beans with Stewed Tomatoes, (½ c) WW Roll Milk	Beef Hot Dog with Bun Mustard & Ketchup Baked Sweet Potato Tots, ½ c Steamed Peas, ½ c Milk	PRE-K CLOSED
Snack	Mini WG Bagel with FF Cream Cheese	White Cheddar Popcorn, 1 oz 100% Apple Juice, 4 oz	Marranitos, 2.25 oz Mozzarella String Cheese	WG Vanilla Graham Dinosaur Applesauce Cup, ½ c	
Late Snack	WG Giant Cinnamon Goldfish Craisins, 1 oz	Petite Carrots, 2 oz Multi-Grain Sun Chips, 1 oz	Alphabet Cracker Cookies Tropical Fruit Cup, ½ c	Cinnamon Cereal Bar Milk	

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WW = Whole Wheat
WG = Whole Grain
FF = Fat-Free