



Pre-K 4 SA Menu: December 7th - 11th

(Cycle: Week 3, Day 11 - 15)

	MONDAY 7-Dec	TUESDAY 8-Dec	WEDNESDAY 9-Dec	THURSDAY 10-Dec	FRIDAY 11-Dec
Breakfast	Strawberry Spooner Cereal Seasonal Fresh Fruit Milk	Chicken & Waffles WG Chicken Nuggets WG Waffle Cinnamon Peaches Milk (Syrup)	Turkey Sausage Patty WG Biscuit Wango Mango Juice Milk (Jelly)	Breakfast Pizza (Bacon/Egg/Cheese) Seasonal Fresh Fruit Milk	WW English Muffin Diced Pears Milk (Jelly)
Lunch	Chicken Penne Alfredo Grilled Chicken Strips WG Penne Pasta Alfredo Sauce Steamed Broccoli Mandarin Orange Cup Milk	Beef Meatloaf Tomato Sauce Steamed Brown Rice Steamed Corn Milk	Chicken Chili Mac Ground Chicken WW Macaroni Pasta Shredded Cheese Normandy Blend Veg Cinnamon Apples Milk	WG Mini Turkey Corn Dogs Sweet Potato Fries Seasoned Zucchini Milk (Ketchup; Mustard)	Chic N' Mac Grilled Chicken Nuggets WG Macaroni Pasta Cheese Sauce Baked Beans Seasonal Fresh Fruit Milk (Ketchup)
Snack	Multi-Grain Sun Chips 100% Orange Juice	WG Animal Crackers Mozzarella String Cheese	Gingerbread Cookie Milk	Fruit Yogurt Cup WW Crackers	Apple Cereal Bar Dragon Punch Juice
Late Snack	Sun Butter WW Crackers	Baby Carrots Pretzels	Rice Krispy Treat Seasonal Fresh Fruit	WG Cinnamon Goldfish Craisins	Honey Graham Crackers Applesauce Cup

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