

CPAT/CONDITIONING FAQ'S

- **What is a conditioning class?**

A conditioning class is a free workout session, hosted by the Fire Training Staff, to help prepare the candidates for the types of workouts they will experience once at The Fire Academy. The conditioning classes are offered to those candidates who have ranked between 1-500 on the May 29, 2018 Entrance Exam. Candidates must come in work out attire and be prepared for a Crossfit style workout. Conditioning classes are given at the Fire Training Academy, located at 300 S. Callaghan Rd, San Antonio, TX 78227. Currently we are offering conditioning classes on Wednesday's 6pm-8pm, and on Saturday's 9am-11am. Visit our website, www.safdcareers.com to sign up for a conditioning class.

- **What is a CPAT workshop?**

A CPAT workshop is an opportunity for the candidate to practice/train on the actual CPAT course. CPAT workshops are offered to those candidates who have ranked between 1-500 on the May 29, 2018, Entrance Exam. Candidates must come in CPAT dress attire and may work on individual events or on the entire course as a whole. There is no charge for this workshop. CPAT workshops are held in the gym at the Fire Training Academy located at 300 S. Callaghan Rd, San Antonio, TX 78227. Currently we are offering CPAT workshops Monday-Friday 3pm-7pm. Candidates do not need to sign up for a CPAT workshop.

- **What is a CPAT Timed Run?**

A CPAT Timed Run is a practice run through of the actual CPAT course. You will be timed and proctored during your CPAT Timed Run so you can have a better understanding of things you may or may not need to work on.

- **Who moves on to the CPAT?**

We currently are taking applicants ranked 1-500 on the eligibility list taken from the May 29th, 2018 SAFD Entrance Exam.

- **How is the CPAT scored?**

The CPAT is a pass/fail test that must be completed within 10 minutes and 20 seconds. Two stopwatches are used to time the CPAT. One stopwatch is designated as the official test time stop watch, the second is the backup stopwatch. If mechanical failure occurs, the time on the backup stopwatch is used. The stopwatches are set to the pass/fail time and count down from 10 minutes and 20 seconds. If time elapses prior to the completion of the test, the test is concluded and the candidate fails the test. Each of the 8 events in the CPAT has disqualifications. Please see our website for more information on those disqualifications.

- **If I have passed an official CPAT before, does it count for this year?**

No. All Applicants ranked 1-500 from the May 29, 2018 entrance exam are required to pass the 2018 San Antonio Fire Department CPAT to continue on the next phase in the hiring process.

- **What is the dress code for the CPAT?**

The dress code for the CPAT, CPAT workshops, and for Timed Runs is long pants, closed toe and closed heel shoes, no cutoff sleeves or tank tops, no watches and/or jewelry.

- **If I pass a Timed Run, does it count for the actual CPAT?**

No, however, attendance to one Timed Run is mandatory unless you signed a waiver at the 2018 CPAT orientation.