



SAN ANTONIO

TEEN PREGNANCY PREVENTION COLLABORATIVE

The San Antonio Teen Pregnancy Prevention Collaborative is a Metro Health and SA2020 workgroup with a goal to decrease the San Antonio, Bexar County teen birth rate by 25%* by the year 2020.

The collaborative follows the SA2020 Collective Impact Model* for a common agenda, shared measurements, continuous communication, and mutually reinforcing activities.

The collaborative consists of several youth serving organizations in San Antonio who are implementing evidence-based prevention programs and or collaborating on five intervention areas (Figure 1).

Despite recent progress, the 2013 Bexar County teen birth rate for females ages 15 to 19 was **49%** higher than the National teen birth rate. Therefore, much more work needs to be done in the area of teen pregnancy prevention.



SA2020 Collective Impact

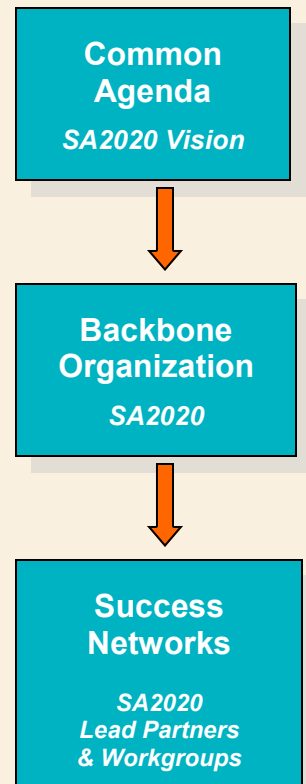


Figure 1.



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

* Based on the 2010 Bexar County teen birth rate of 50.9.

** Collective Impact Model— http://www.ssireview.org/articles/entry/collective_impact

Intervention Activities

Evidence-based Programs (Effective programs):

- Implement evidence-based sex education programs in Youth Serving Organizations (YSOs) including middle and high schools
- Increase participation in evidence-based programs to foster care, juvenile probation, and out-of-school youth including the 18-19 year old population
- Implement evidence-based parent education curricula
- Implement evidence-based home visitation programs to pregnant/parenting teens
- Increase capacity of YSOs to evaluate their activities and programs

Quality Adolescent Health Care:

- Increase provider/staff education to promote/advocate for:
 - Teen friendly hours
 - Teen friendly (values neutral) attitudes from clinic staff
 - Best practices regarding adolescent care to prevent teen pregnancy
 - Linkages from schools/YSOs to quality adolescent health care

Community Mobilization:

- Create accessible, easy to understand messaging for the community by way of social media and other outlets
- Create innovative strategies for engaging parents
- Develop teen pregnancy prevention campaigns
- Develop strategies to engage faith-based communities
- Increase awareness of sexual abuse/coercion and dating violence

Stakeholder Education:

- Educate stakeholders about determinants of healthy teen behavior
- Ensure school/YSO policies include referrals to teen-friendly clinics
- Advocate/promote funding that supports adolescent healthcare to prevent teen pregnancy
- Advocate/promote policies that support use of evidence-based teen pregnancy prevention programs

Youth Support/Development:

- Increase the number of youth who are involved with long-term mentors
- Train existing youth development programs to incorporate building 40 Developmental Assets
- Increase the involvement/engagement of males in intervention activities
- Increase the number of youth participating in domestic violence prevention programs
- Increase awareness about strategies for approaching youth from various populations (i.e., juvenile probation, foster care youth, trauma survivors, and LGBTQ youth)

Determinants of Teen Behavior

Knowledge:

- Level of parents' education and access to medically-accurate information
- Teens' knowledge of factual, medically-based information
- Teens' knowledge about condom and contraceptive use

Attitudes:

- Educational aspirations and planning for the future
- Perceived risk of pregnancy and STDs/HIV
- Attitude towards abstinence
- Attitude towards condom and contraceptive use
- Perceived self- efficacy in accessing and using condoms and contraceptives
- Partner attitudes towards sexual activity
- Perceptions of sexual activity/abstinence among peers (or lack thereof)
- Perceptions of peers' use of condoms and contraceptives

Skills:

- Increase self-efficacy to:
 - Abstain from sex
 - Avoid risky situations
 - Access and utilize condoms and contraception correctly and consistently
 - Access quality adolescent health care

Connectedness:

- School performance
- Faith-based attendance

Community:

- Awareness of high teen pregnancy rates in San Antonio
- Social norms with regards to teen pregnancy

Parent/Guardian involvement:

- Family connectedness
- Family support
- Parental/Guardian supervision

Role Models/Support:

- Presence of male role models
- Influence of mentoring relationship

Sexual Abuse:

- History of prior sexual abuse or sexual coercion

Teen Behavior

- Decrease the percentage of school-age youth who have ever had sex.
- Increase number of youth who are practicing abstinence.
- Decrease frequency of sex.
- Decrease incidence of sexual coercion.
- Increase correct and/or consistent use of condoms and contraceptives.

Health Indicators

- Teen birth rate for females ages 10 to 14
- Teen birth rate for females 15 to 17
- Teen birth rate for females ages 15 to 19
- Repeat Teen Births
- Number of teens receiving evidence-based prevention programs

Health Goal

Decrease the Bexar County teen birth rate among females ages 15 to 19 by 25%* by the year 2020.