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SHOT TALK

San Antonio Immunization Program Newsletter - May 2019

You're Invited! Texas Vaccines for Children (TVFC)/Adult Safety Net (ASN) Provider Conference

IMMUNIZATION PROGRAM
TVFC/ASN PROVIDER CONFERENCE
SAVE THE DATE
JUNE 12, 2019

Norris Conference Center
618 NW Loop 410, Ste 207
San Antonio, TX 78216

11am - 2pm
2-3pm: Annual In-Service Training

The City of San Antonio Metropolitan Health District's Immunization Program would like to invite you to attend our TVFC/ASN Provider Conference on June 12, 2019. Our goal for this conference is to bring immunization professionals and stakeholders together to discuss critical and trending vaccine topics, improve immunization rates in Bexar County, and provide current program updates.

The event will take place at the Norris Conference Center in San Antonio from 11am to 2pm. In addition to the conference, those in need of an Annual TVFC In-Service Training will have the opportunity to attend immediately afterwards from 2pm to 3pm.

If you have any questions, please contact Lynna Agado, TVFC/ASN Coordinator, at Lynna.agado@sanantonio.gov or 210-207-3965.

Megan Miller
Manager, Immunization Program

Please RSVP by following [this link](#).

You May Be At Risk For Measles

Another Good Reason to #KnowYourStatus

(Detroit Free Press) Check yourself, public health officials say, as the number of cases in a Michigan measles outbreak climbed Friday by five more people to 39 cases — the largest statewide outbreak since 1991. Even if you think you've been vaccinated for the measles, ask your doctor to check your immunization record to be sure. If you have proof you received two doses of the measles, mumps, rubella vaccine (MMR), you should still ask to have the antibodies in your blood checked, especially if you've been to one of the growing number of exposure sites in Michigan.

Even if you had measles as a child or were born prior to 1957 and are considered immune by the U.S. Centers for Disease Control and Prevention, double check. And again, that's especially true if you've been to a known exposure site.

"All these people walking around are vulnerable and don't know it," said Dr. Janet Snider, a Bingham Farms pediatrician. "We're learning in the trenches because we don't usually see measles," which was pronounced eradicated in the United States in 2000 but is surging right now in pockets of the country.

"All those suppositions we have aren't holding up," she said. "It's like you think your basement is waterproof if you live in the desert. But then all of a sudden there's a flash flood, and then you really learn if it is."

For many people born after 1957 but before 1989, they may have gotten only got one dose of the MMR vaccine, which might not be enough to protect them in an outbreak situation. The CDC changed its recommendations for the MMR vaccine in 1989, urging people to get two shots rather than just one, said Leigh-Anne Stafford, a spokeswoman for the Oakland County Health Division.

"For a lot of people who were born after 1957 but prior to 1989-1990, there was only one dose that was recommended at that time," Stafford said. "A lot of people might feel they are up to date on their vaccines because their parents may say, 'Oh, you're up to date. We vaccinated you.' But they're not. So that's why we keep talking about knowing your status. Are there two doses documented somewhere with a doctor? Or is it listed in MICR (Michigan Care Improvement Registry), which is the Michigan registration database for immunizations? If you don't know, then get vaccinated."

Two doses of the MMR vaccine are believed to offer people up to 97% protection against measles, which is highly contagious and is spread by person-to-person contact and through the air, most often when an infected person coughs or sneezes. Of the 39 confirmed Michigan cases, those infected with measles range in age from 8 months old to 63 years old. At least three of them had two documented doses of the MMR vaccine, according to the state Department of Health and Human Services. But at press time, the MDHHS did not know how many were unvaccinated or could not document their immunizations.

"The measles vaccine is safe and extremely effective," Snider said. "Two doses confer 97% immunity to the population. But that still means that 3% of people may not respond to the vaccine."

"People of all ages (should) check their vaccination status and make sure that they have had two documented MMRs after 1 year old, or they have had a blood test to confirm their immunity to measles. "This local outbreak was started by a traveler in his mid-40s who assumed that he was vaccinated as a child, who was exposed to measles in New York weeks before arriving in our area. He, like the many people in his age group exposed here, found out the hard way that the recommendations from those years are inadequate in the face of an actual measles outbreak. Some people born before 1957, although supposedly 'presumed immune,' also found they lacked immunity. People need to know that the outbreak is there. Check your blood. Get your vaccination and tell everybody around you to get vaccinated. This is totally preventable, and we want to limit the exposure."

2017-2018 Flu Season: Flu Burden and Flu Burden Averted by Vaccination

During the 2017-2018 flu season, CDC estimates flu caused:

49 million
flu illnesses

960,000
flu hospitalizations

79,000
flu deaths

This severe season could have been worse without flu vaccines.

Approximately 40% of the U.S. population chose to get a flu vaccine during the 2017-2018 flu season, and this prevented an estimated:

7 million
flu illnesses,



about the population of
New York City.

109,000
flu hospitalizations,



about the number of vehicles
crossing the Golden Gate Bridge
each day.

8,000
flu deaths,



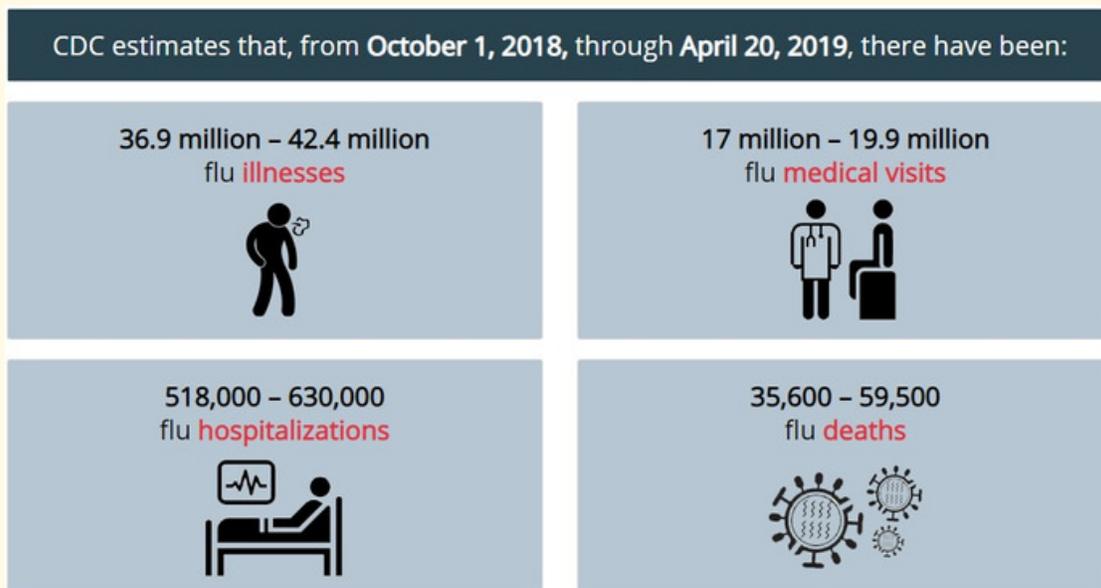
twice the number of hospitals in
the United States.

**Imagine the impact if more Americans chose to get a flu vaccine.
Many more flu illnesses, flu hospitalizations and flu deaths could be prevented.**

<https://www.cdc.gov/flu/about/disease/burden-averted-vaccination.htm>



get vaccinated
www.cdc.gov/flu



It's Not Too Late for a Flu Shot

2018-19 Longest Flu Season In Ten Years

This year's flu season has lasted for over 21 weeks, and will likely last for several more weeks. According to the CDC, over 600,000 Americans have been hospitalized since the flu season began, resulting in over 57,000 flu-related deaths. In order to continue protecting our community, the Metro Health Immunization Clinics will continue offering free flu shots through May 31st.

For more information, [call or visit our clinics](#) and get your flu shot today!

EVI Updates: Back to School Maximum Stock Levels (MSLs)

Now is the time for providers to begin checking their vaccine inventories in preparation for their back-to-school MSLs. DSHS is calculating new MSLs for June –September. Calculating the right MSL now can keep providers from coming up short during the busy June, July, August, and September timeframe. Be sure to use the correct formula DSHS will use to calculate your back-to-school MSLs. Providers can expect a memo from DSHS in late May with their MSL calculations.

Remember: Influenza, Hib, PCV13, PPSV23, and Rotavirus vaccines are NOT included in the back-to-school calculation. If you have any questions or need assistance ordering back-to-school vaccines, please contact [Anna Ledezma](mailto:anna.ledezma@sanantonio.gov) at anna.ledezma@sanantonio.gov or 210-207-4308.

Immunize San Antonio (IZSA) Coalition April Updates

IZSA held its monthly meeting on April 3, 2019. Over the last couple of months IZSA has been working to finalize its by-laws. In order to have the most current information and to help form impactful and relevant goals, the coalition members were given a presentation about the National Immunization Survey Rates and School Non-Medical Exemptions Rates in Bexar County. Members are working to create goals at the May meeting, as well as holding elections for the coalition roles.

If you are interested in being part of IZSA, or would like more information, please email Sarah Williams at sarah.williams@sanantonio.gov or call 210-207-6917.

Hib DISEASE

Hib MOST OFTEN SICKENS

BABIES AND CHILDREN UNDER 5 YEARS OLD.

Hib IS A SERIOUS DISEASE CAUSED BY BACTERIA THAT CAN LEAD TO MENINGITIS, PNEUMONIA, & SEVERE THROAT INFECTIONS. IT CAN CAUSE LIFELONG DISABILITY.



Protect your children by getting them vaccinated against Hib disease, by 2 years old.
www.cdc.gov/vaccines/parents

CHICKENPOX

CHICKENPOX CAN BE

SERIOUS
IN HEALTHY BABIES, ADULTS,
AND PEOPLE WITH WEAKENED
IMMUNE SYSTEMS.

ABOUT

9 OUT OF 10
CHILDREN WHO GET 2 DOSES
OF THE VACCINE
WILL BE COMPLETELY
PROTECTED
FROM CHICKENPOX.



Protect your children by getting them vaccinated against chickenpox, by 2 years old.
www.cdc.gov/vaccines/parents

DIPHTHERIA

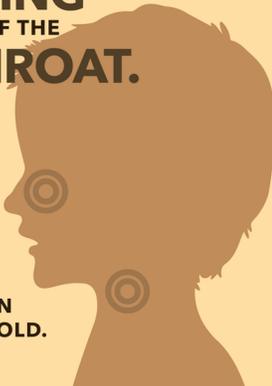
DIPHTHERIA IS A SERIOUS DISEASE THAT CAUSES A

THICK COATING
TO FORM IN THE BACK OF THE
NOSE OR THROAT.

THIS MAKES IT HARD TO
BREATHE OR SWALLOW.

DIPHTHERIA CAN BE

DEADLY,
ESPECIALLY FOR CHILDREN
YOUNGER THAN 5 YEARS OLD.



Protect your children by getting them vaccinated against Diphtheria, by 2 years old.
www.cdc.gov/vaccines/parents

TETANUS

TETANUS (LOCKJAW) IS A

SERIOUS DISEASE
THAT CAN CAUSE BREATHING
PROBLEMS, MUSCLE SPASMS,
AND PARALYSIS.

UNLIKE OTHER VACCINE-PREVENTABLE
DISEASES, TETANUS DOES NOT SPREAD
FROM PERSON TO PERSON.

IT ENTERS THE BODY THROUGH
**CUTS OR PUNCTURE
WOUNDS.**



Protect your children by getting them vaccinated against tetanus, by 2 years old.
www.cdc.gov/vaccines/parents

For more infant and childhood vaccination infographics, videos, and information sheets, visit the [CDC's Infant and Childhood Immunization Resources](#) page.

Spanish language CDC Immunization resources [are available here.](#)

Inspirational Speaker Shares Her Story at Region 20 Meeting

While leading a provider education and training session for the Education Service Center, Region 20 school nurses on April 3, 2019, Metro Health had the honor of hosting Jamie Schanbaum Martin. Mrs. Martin was gracious enough to share her personal journey after being diagnosed with meningococcal septicemia as a 20 year old college student. Now, eleven years later, she has overcome countless challenges in life to speak out and raise awareness of this potentially deadly vaccine-preventable disease.

At the meeting, she described how a hospital visit with flu-like symptoms became a 7-month inpatient ordeal, eventually leading to the amputation of both feet as well as most of her hands. Since then, she graduated from the University of Texas, became a gold medal-winning Paralympic cyclist, embarked on a career of advocacy, and was recently married. She was also one of the key figures behind 2011 legislation requiring all college students in Texas to be vaccinated against meningitis.

Despite the adversity Jamie has faced because of her battle with meningitis, she is dedicated to sharing her story if it means that more young people will be vaccinated. "Now, on the other side, it's like I'm protecting people whether they know it or not, and they could have been a victim if they didn't get the vaccine. So I still do think of it as a really powerful and amazing thing."

We are thrilled that we had the opportunity to host one of the nation's strongest advocates against vaccine-preventable diseases. To read more about Jamie and her advocacy efforts, go to her foundation's [website here](#).

You can also hear her tell her story in her own words by viewing [her video for GlaxoSmithKline](#).



How to Obtain Your Immunization Record

One of the most frequently asked questions from the public is how to get an individual's shot record from Metro Health. Immunization records for your child, or yourself, may be requested at our Eastside Clinic, located at 210 N. Mel Waiters Way, San Antonio, TX 78202 (Phone: 210.207.8894). Clinic hours are Monday - Friday: 8:00 a.m. - 3:00 p.m.

There is a \$5.00 charge per immunization record, and a request may take up to 15 days to be processed. To request a child's record (patient under 18 years), you need proof of guardianship (an original document that states parent/guardian and child's name, i.e.: an original birth certificate, school records identifying parent, or original court documents showing permanent custody). You will also need parent identification, which must match the guardianship documentation.

For an adult record, you will need primary identification, two secondary forms of ID, or, one secondary form of ID and TWO supporting documents.

For an adult collecting someone else's record, you will need Patient Authorization/Restriction for Release of Medical Records (signed by the record owner) giving the presenting adult permission to collect the record. The Patient Authorization/Restriction for Release of Medical Records must be notarized unless signed by record owner in the presence of San Antonio Metropolitan Health District Immunization Clinic staff. You will also need identification of individual presenting for record.

To see a list of all acceptable forms of identification, [click here](#).

For active duty military members and families, you can use the Tricare Online BlueButton to download immunization records and a wide range of medical information for any of your family members. For more information, [follow the step-by-step guide](#) found at the Tricare website.

MEASLES CAN BE DANGEROUS

Especially for babies and young children

Measles can lead to...

PNEUMONIA
(A SERIOUS LUNG INFECTION)

BRAIN DAMAGE

DEAFNESS

DEATH



IMMUNIZATION. POWER TO PROTECT.

Learn more at www.cdc.gov/vaccines/parents



TVFC In-Service Training Opportunities

Are you in need of your Annual TVFC In-Service Training? Are you a new Primary or Secondary TVFC Contact at your clinic? If so, please see the training opportunity below and sign-up by clicking the link!

What: TVFC Annual In-Service Training

When: May 23, 2019 from 2:00 pm- 4:15 pm

Where: Texas Diabetes Institute, 701 S Zarzamora St, San Antonio, TX 78207 - 1st Floor Boardroom 1010

[Click this link](#) to register; be sure to include your TVFC Pin # and your name.

An alternate training opportunity will be provided following the 2019 TVFC/ASN Provider Conference on June 12, 2019 from 2:00 pm-3:00 pm. For details on registering for the 2019 TVFC/ASN Provider Conference and/or the TVFC In-Service Training, [click this link to register](#).

If you are unable to make either of these training opportunities, additional dates and times are being coordinated. If there are questions, or if you are unsure if you have already completed the training, please contact Brittani Ray at 210-207-2861 or brittani.ray@sanantonio.gov.



Got a Story? Let Us Know!

Do you have an inspiring story, technical tip, lesson learned, or someone you want to highlight for recognition? Let us know, and we might feature your item in the next issue of Shot Talk. Contact Jared Dugger at (210) 207-2870 or jared.dugger@sanantonio.gov for more information.



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT