

SOUTH TEXAS TRAUMA INFORMED CARE CONSORTIUM



Vision: A Certified Trauma Informed Bexar County

Sector Support Team:

If you have a question or need to contact any of the workgroups, please reach out to these folks:

- **Angelica Valle**, (The Children's Shelter). avalle@chshel.org She provides support to the full consortium in concert with the other support group.
- **Connie Soria** (City of San Antonio/COSA). Connie.soria@sanantonio.gov She works with:
 - Medical/Hospitals workgroup
 - Local Government workgroup
- **Cyndi Cardenas** (Voices For Children). ccardenas@voicessa.org She works with:
 - Education PreK-12 workgroup
 - Early Care and Education workgroup
 - Youth Development/Afterschool workgroup
 - Faith Based workgroup
- **Sean Greene** (City of San Antonio/COSA). Sean.greene@sanantonio.gov He works with:
 - Court Systems workgroup
 - Mental Health/Behavioral workgroup
- **Cheryl Weise** (The Children's Shelter) cweise@chshel.org
 - Child Welfare/Foster Care workgroup
 - Family Support workgroup
 - Philanthropy workgroup
 - Newsletter

SCHEDULED GROUP MEETINGS

- **September 24**-Education PK-12
- **Oct 9**-Consortium meeting
- **October 10**-Family Support
- **October 15**-Philanthropy
- **October 23**-Steering Committee
- **November 21**-Child Welfare/Foster Care
- **December 19**-Steering Committee
- **January 22, 2020**-Consortium meeting

Contact Sector Support team for information about these meetings if you are interested



THE TRAUMA INFORMED CARE CERTIFYING ENTITY **BUSINESS PLAN**

The Business Plan is available to review. Click the link below to read the plan:

[Click here](#)

Something you might be interested in—



1 in 6 kids are exposed to violence, crime, or abuse. These kids still have to go to class, carrying trauma that can hurt their behavior and grades in schools that aren't even aware there's an issue. **That's why the new "[Handle With Care Action Pack](#)," from *Salud America!* at UT Health San Antonio in collaboration with the West Virginia Center for Children's Justice, aims to help police and school leaders everywhere start their own Handle with Care program. In a Handle With Care program, police notify schools when they encounter children at a traumatic scene, so schools can support kids right away.**

So far, 65+ cities have started a Handle With Care program to help kids. You can start today in your cities and schools, too, with our Action Pack!

[Get the Action Pack!](#)

Workgroup Highlights:

The Steering Committee has just celebrated the 1st Year Anniversary of the South Texas Trauma Informed Care Consortium



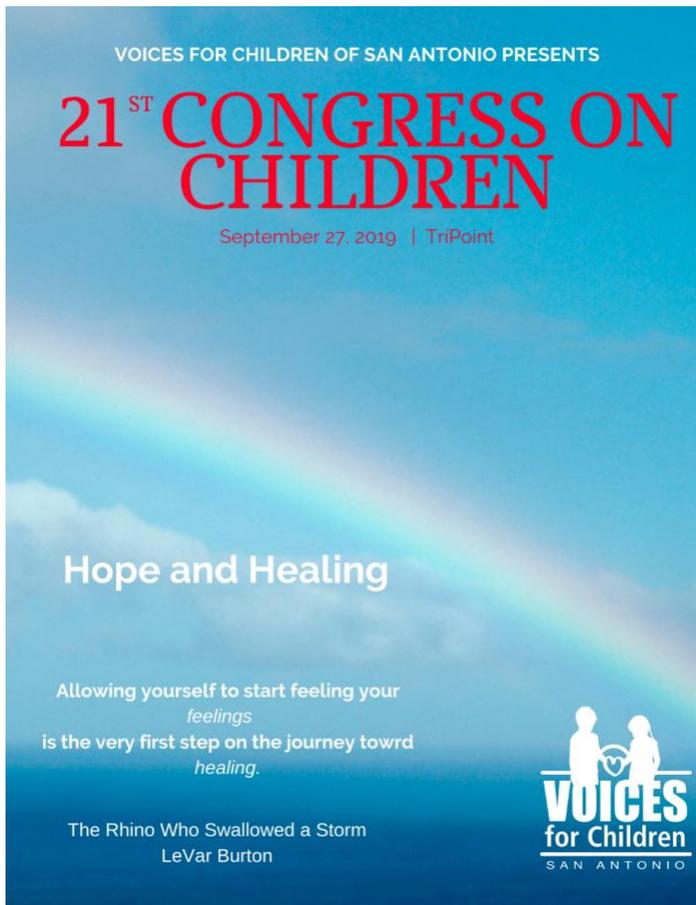
*A **special thanks** to all the workgroups for their hard work and accomplishments! Next newsletter will feature the accomplishments of each group and begin to roll out the 2020 goals for the South Texas Trauma Informed Care Consortium.*

Food for Thought:

Some good news about things happening around the country with an introduced Trauma Informed Schools Act of 2019: [click here for the link](#)

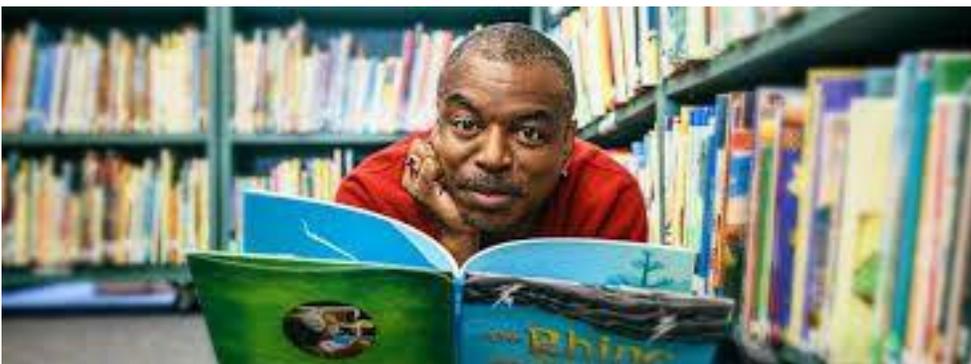
Imagine this...a short but powerful video: [click here to be inspired](#)

UPCOMING CONFERENCES TO CHECK OUT!



Voices for Children of San Antonio presents the 21st Annual Congress on Children featuring LeVar Burton and his first book, “The Rhino Who Swallowed a Storm”

depicting the heaviness of emotions children often carry and how to overcome these emotions. Voices’ will also feature the documentary “Broken Places”, with Daniella Rin Hover discussing her struggle with aging out of the foster care system. You are invited for a day of Hope and Healing.



[Register Here](#)

For more info on Sponsorship Opportunities, please contact Miranda Cushman at 210-858-8175 or mcushman@voicessa.org



What HLC Is All About

The 14th Annual Health Literacy Conference offers professionals and community members the opportunity to take part in education sessions, peer networking events and posters presentations. With continuing education credit hours for social workers, pharmacists, registered nurses, community health workers, and Certified Health Education Specialists, the day and a half event is a sound investment of personal and professional benefits. Participants of the conference will discover new ideas that they can immediately implement in their offices and/or practices.

<https://www.sahealthliteracy.com>

Restoring Justice: Breaking the Cycle of Violence, Crime, and Incarceration

9AM – 3PM | WHITLEY THEOLOGICAL CENTER SEPTEMBER 14, 2019

Oblate School of Theology invites you to a special symposium, the Spirituality and Social Justice Institute, at which Father Greg Boyle will share the story of Homeboy Industries and the role spirituality played in its pursuit of justice. Breakout sessions will discuss the interrelated themes of restorative justice, empowerment, rehabilitation, conversion, community involvement, and hope.

The annual Spirituality and Social Justice Institute is an initiative of the [Institute for the Study of Contemporary Spirituality](#).

[click for more information](#)

RECOMMENDED READING LIST!

We're starting a new block in the newsletter. Every issue we will feature some books that you may find to be helpful and interesting in the field of ACEs and Trauma Informed Care. If you find a book you think we should feature, please let the Sector Support team know. (cweise@chshel.org)

- [Aces in the Shadows: Understanding Adverse Childhood Experiences](#)

Author: A. Survivor

A personal account of A. Survivor's lived experience, a narrative that brings into sharp focus the detrimental impact of highly Toxic Stress and the damaging consequences of Adverse Childhood Experiences across the life course.

- [Building Resilience in Students Impacted by Adverse Childhood Experiences: A Whole-Staff Approach](#)

Author: Victoria E. Romero

This workbook-style resource shows K-12 educators how to make a whole-school change, where strategies are integrated from curb to classroom. Readers will learn how to integrate trauma-informed strategies into daily instructional practice.

- [Coping Skills for Kids Workbook: Over 75 Coping Strategies to Help Kids Deal with Stress, Anxiety and Anger](#)

Author: Janine Halloran

The Coping Skills for Kids Workbook can help teach children to calm down, balance their energy and emotions, and process challenging feelings.

CHILDREN'S BOOKS:

- [Missing Mommy: A story about Bereavement](#)

Author: Rebecca Cobb

Missing Mommy focuses on the positive—the recognition that the child is not alone but still part of a family that loves and supports him

- [A Terrible Thing Happened: A Story for Children Who Have Witnessed Violence or Trauma](#)

Author: Margaret Holmes

After Sherman sees something terrible happen, he becomes anxious and then angry, but when a counselor helps him talk about these emotions he feels better.

This newsletter is an endeavor of the Sector Support Team to provide updates and information centered with the mission, vision and goal of the South Texas Trauma Informed Care Consortium. If you have questions, or information to share, please send to Cheryl Weise, current newsletter editor, at cweise@chshel.org.