



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT

Metro Health Strategic Plan Update

Colleen Bridger, MPH, PhD

City Council B Session

October 31, 2018

Purpose

- ▷ Strategic plan update
 - Including an outline for our next plan
- ▷ Accreditation update
 - Current status and next steps
- ▷ Future initiatives

Strategic Plan FY 2017-2019

Year 2 Achievements and Priority Indicators

Priority Indicators

Diabetes

Obesity

Ozone

Childhood
Immunizations

ACEs-*NEW*



Alignment with Community Plans

	CHIP	SA Tomorrow Comprehensive Plan	SA Tomorrow Sustainability Plan	SA 2020
Diabetes	✓	✓	✓	✓
Obesity	✓	✓	✓	✓
Childhood Immunizations	✓	✓		
Ozone		✓	✓	✓
ACEs	✓	✓	✓	✓

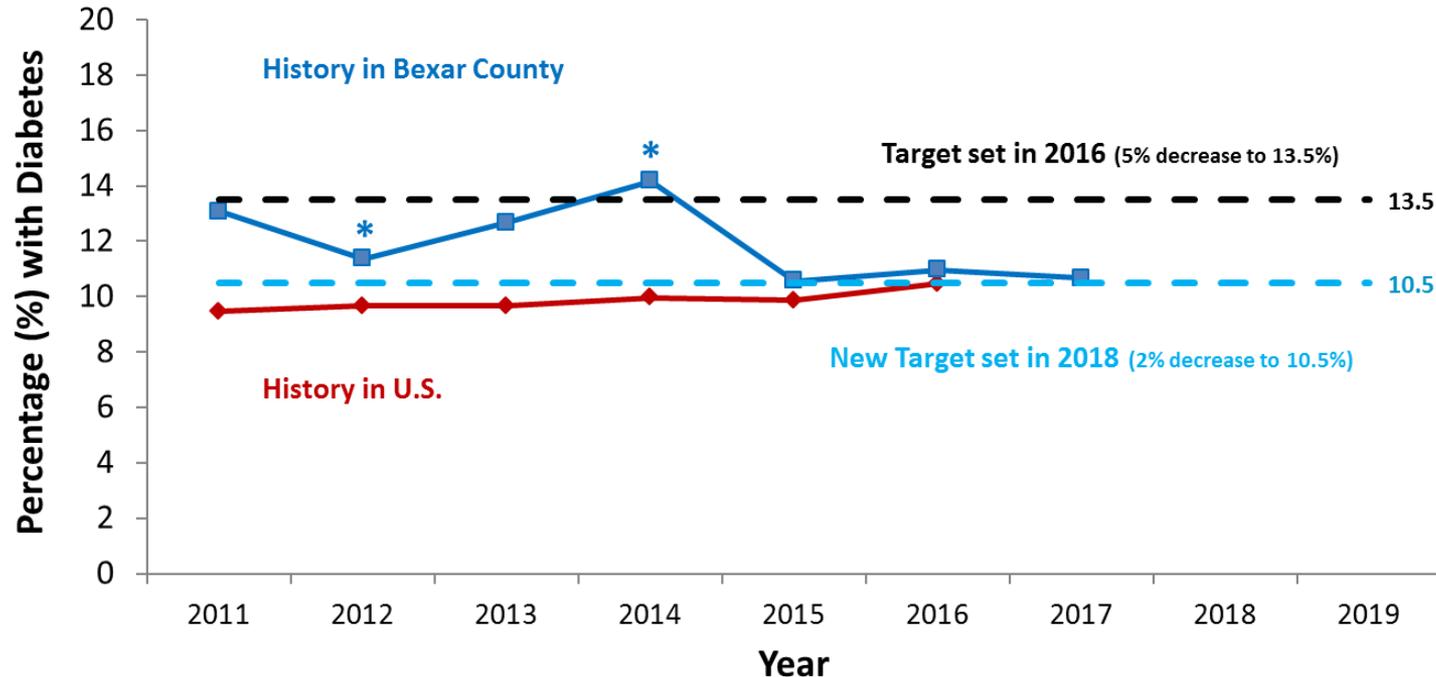
Type 2 Diabetes



(Modified) GOAL: decrease the prevalence of diabetes in Bexar County by 2% from FY 2017- FY 2019.

Type 2 Diabetes

Adults Diagnosed with Diabetes in Bexar County and U.S. by Year



*2012 and 2014 data – larger sample sizes; stronger statistical power; note: data in all other years – small sample size, low statistical power

Our Contribution



Diabetes Prevention



Weight Loss



Self-Management

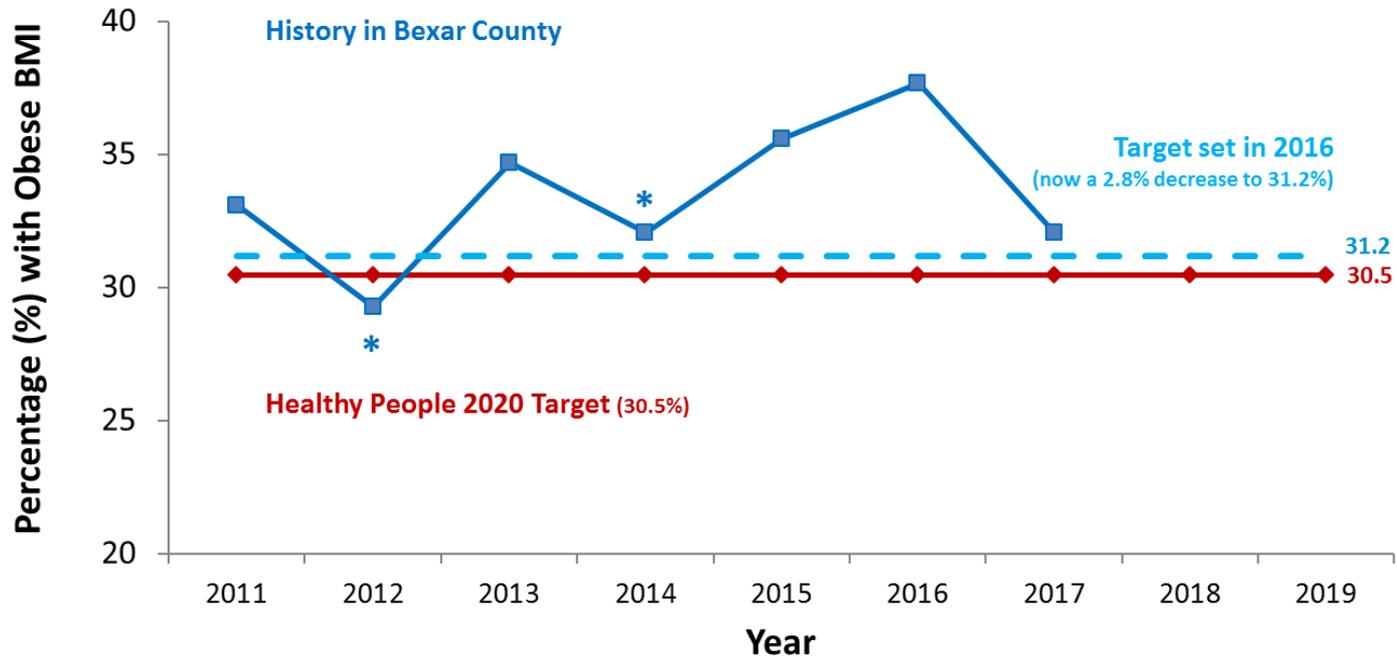
Obesity in Adults and Children



GOAL: reduce obesity in adults in Bexar County by 2.8% and reduce obesity in children in Bexar County by 5% from FY 2017- FY 2019.

Obesity in Adults

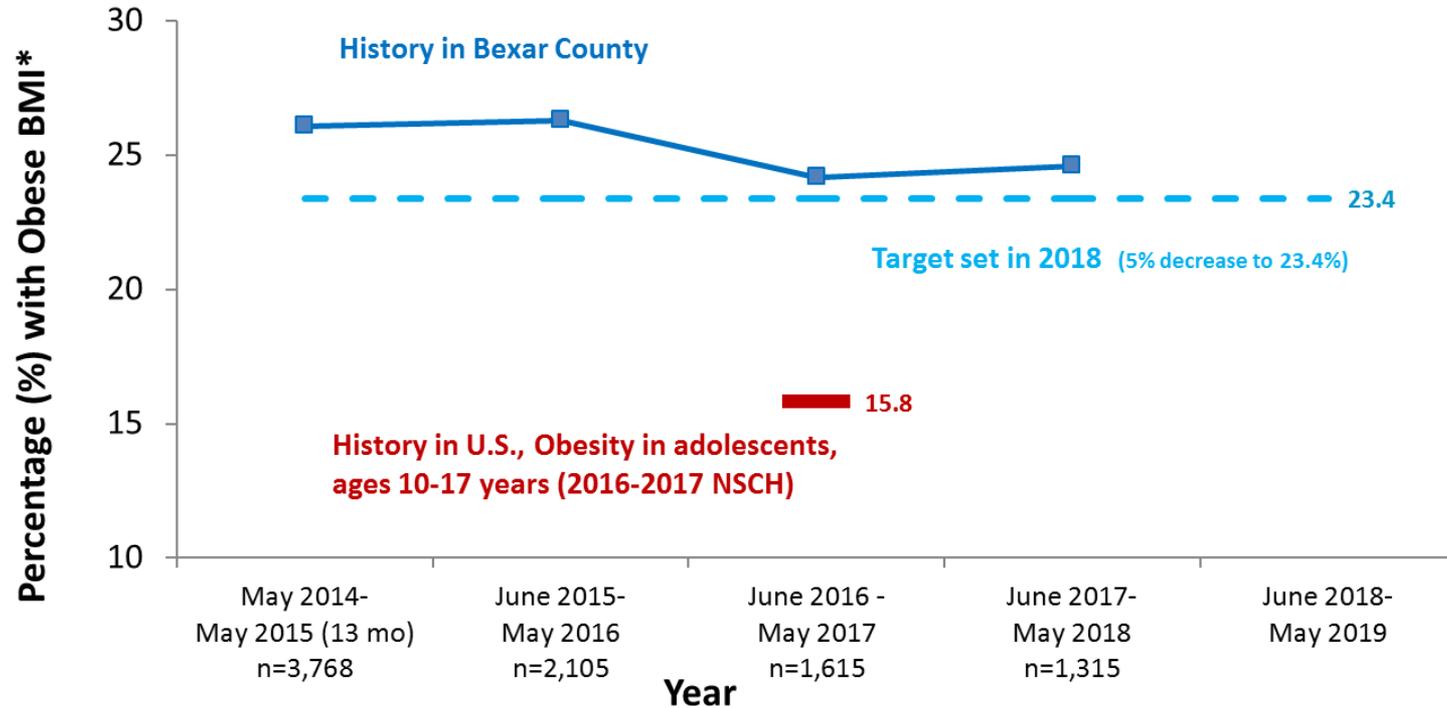
Adults in the Obese Body Mass Index (BMI) Category in Bexar County by Year



*2012 and 2014 data – larger sample sizes; stronger statistical power; note: data in all other years – small sample size, low statistical power

Obesity in Children

Obese Body Mass Index (BMI)* among School-Age Youth 8 to 18 years old in Bexar County by Year



Our Contribution



Neighborhood projects and stories



Nutrition Classes



Outreach and Education

The Walking School Bus



<https://www.youtube.com/watch?v=rFxPH7B0odE>

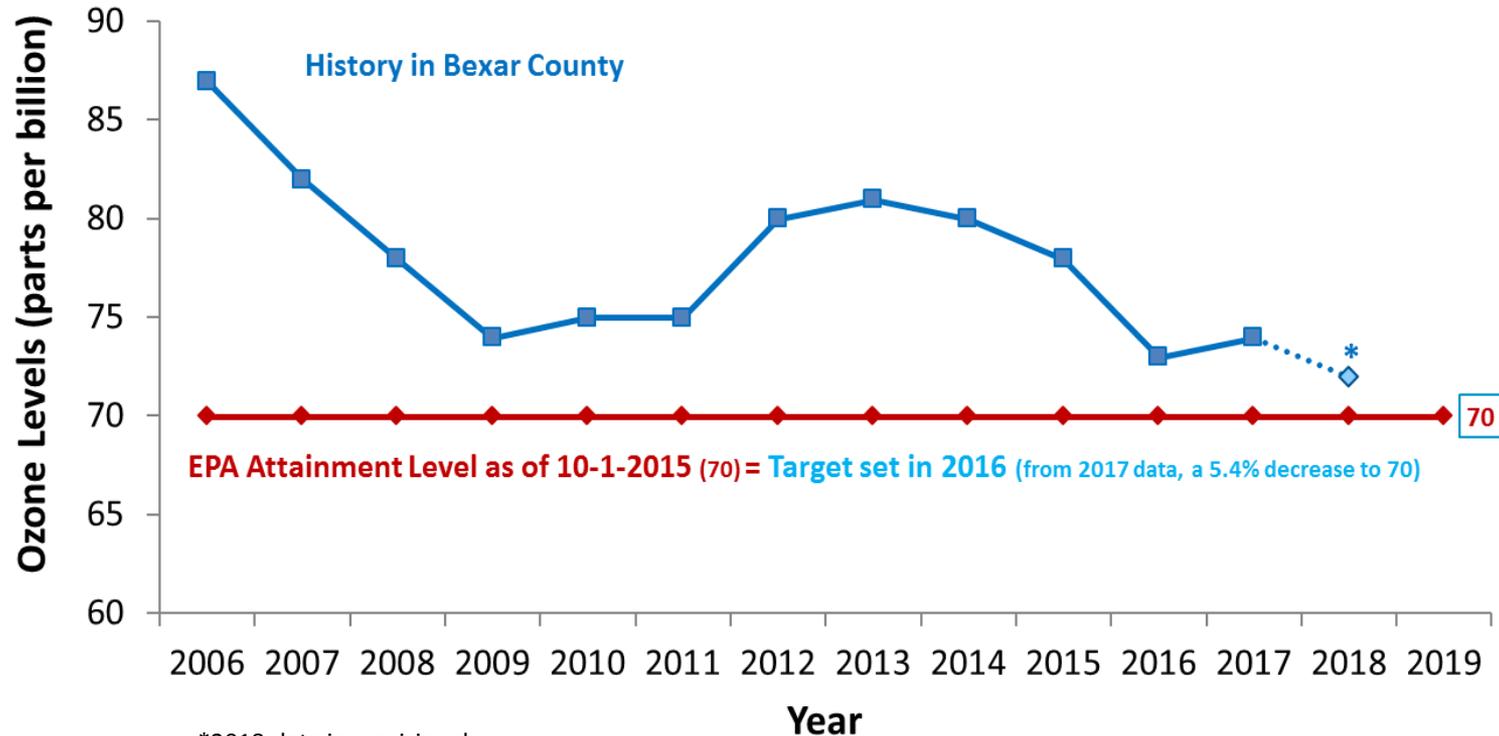
Ozone Levels



GOAL: beginning July 2018,
lower ozone design value to 70
parts per billion by December
2020.

Ozone Levels

Ozone Levels in Bexar County by Year



Our Contribution



Businesses Registered



Community Education



**Air Quality
Monitoring**

Getting to 70

- ▷ Getting to 70 work group
- ▷ Departmental ozone action plans updated
- ▷ VW Settlement coordination
- ▷ Business group meetings
- ▷ TCEQ presentations on nonattainment
- ▷ RFI to identify/mitigate VOC sources/species

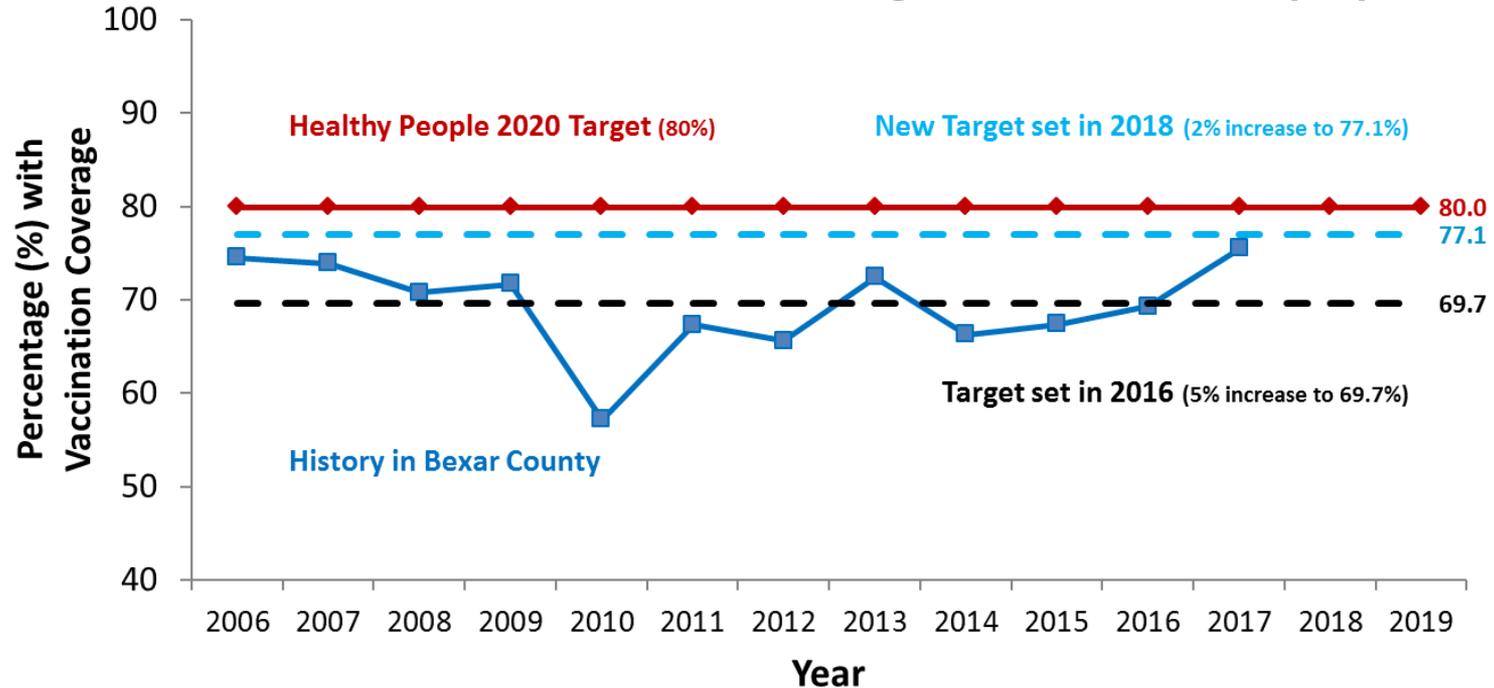
Immunizations in Children



(Modified) GOAL: increase vaccination coverage in children in Bexar County by 2% from FY 2017- FY 2019.

Immunizations in Children

Estimated Vaccination Coverage With the Combined 7-Vaccine Series* for Children 19-35 Months of Age in Bexar County by Year



Our Contribution



Vaccines Provided



Outreach

**CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT**

IMMUNIZATION PROGRAM

SanAntonio.gov/Immunizations
#ImmunizeSA

CLINIC PHONE:
**Questions & Appointments
(210) 207-8894**

**AS OF JULY 2, 2018 OUR
NEW IMMUNIZATION CLINIC LOCATIONS**

EASTSIDE CLINIC
Walk-Ins Welcome
Monday - Friday: 8am - 5pm
210 N. Mel Waters Way (formerly 210 N. Rio Grande)
San Antonio, TX 78202

FRANK GARRETT CENTER
Appointments Only
Tuesday & Thursday: 8am - 5pm
1226 NW 18th Street San Antonio, TX 78207

Improved
Accessibility

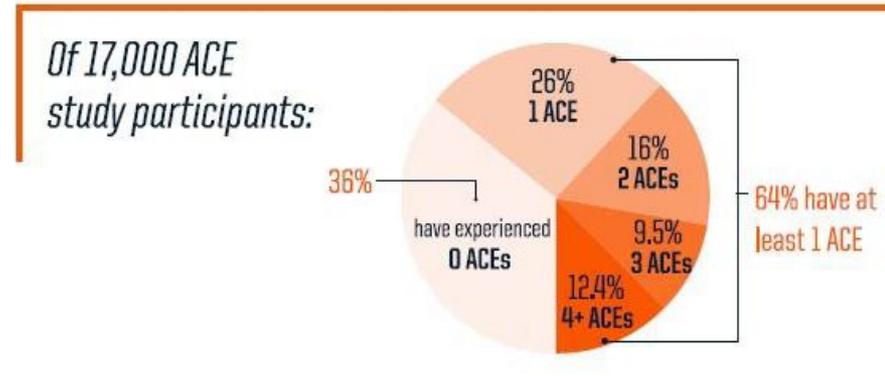
New - Adverse Childhood Experiences



GOAL: convene Trauma-informed Care Consortium and increase the number of agencies certified in trauma informed care by 2% from FY 2019-FY 2020.

CDC-Kaiser ACEs Study

- ▷ ACEs are common
- ▷ 64% have at least 1 ACE
- ▷ 12.4 % have 4 or more



Leading Causes of Death

Odds Ratio

1. Heart Disease

2.2

2. Cancer

1.9

3. Chronic lower respiratory diseases

3.9

4. Accidents

5. Stroke

2.4

6. Alzheimer's

4.2

7. Diabetes

1.6

8. Influenza and Pneumonia

9. Kidney disease

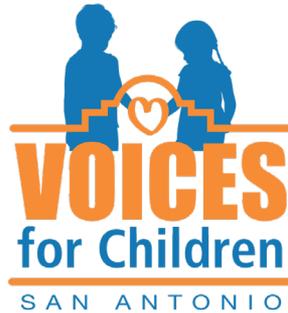
10. Suicide

12.2

Our Contribution



Building Awareness



Collaboration



Staff support

Our Next Strategic Plan

Community Input

- ▷ Outreach at SA Speak Up events
- ▷ Community survey
 - Goal: 1,000 surveys
- ▷ Use results to identify top 10 priorities



Next step: getting to top 3

- ▶ Convene task force to narrow top 10 priorities to top 3
- ▶ Metro Health to develop next SP based on these 3 priorities

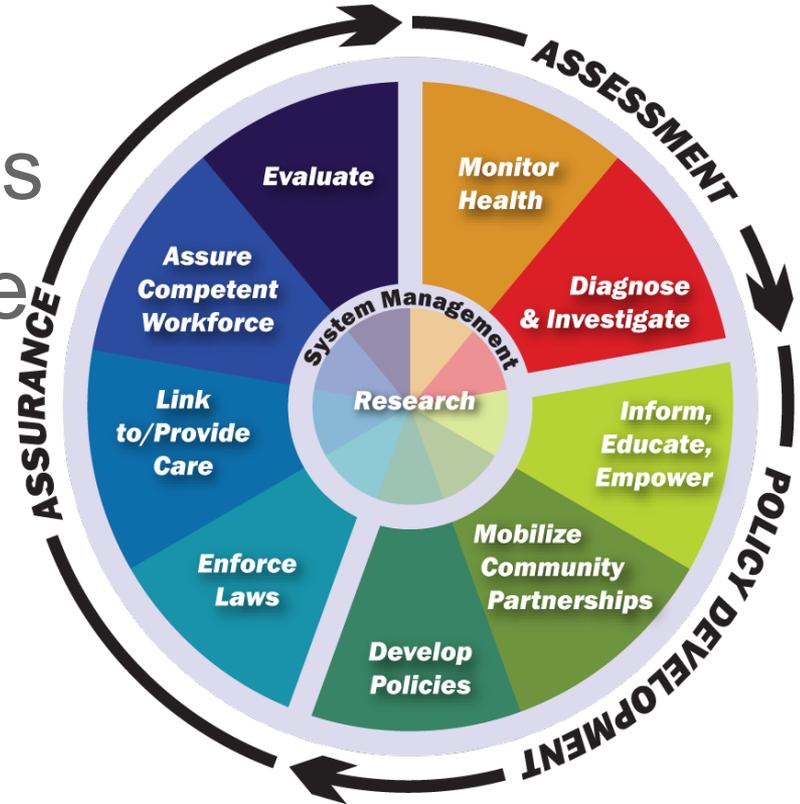


Accreditation

Public Health Accreditation Board (PHAB)

What is Public Health Accreditation?

- ▷ Sets national standards
- ▷ Measures performance
- ▷ Highlights work
- ▷ Based on 10 essential public health services



What do we have to do?

- ▶ Align our work with 100 measures
- ▶ Provide over 500 pieces of documentation



Our Process

ANALYZE



DOCUMENT



SUBMIT



COMMUNITY ENGAGEMENT

DOMAIN 4: Engage with the community to identify and address health problems

Standard 4.1: Engage with the Public Health System and the Community in Identifying and Addressing Health Problems through Collaborative Processes

Standard 4.2: Promote the Community's Understanding of and Support for Policies and Strategies that will Improve the Public's Health

▷ 4.2.2 – provide (2) examples documenting engagement with the governing entity, advisory boards, elected officials about policies/strategies to promote the public's health

1. Briefing on Fast-Track Cities
2. Tobacco 21 presentations



Next Steps

- ▷ Document submission in December
- ▷ Site visit in spring/summer
- ▷ Final decision by fall 2019

Future Initiatives

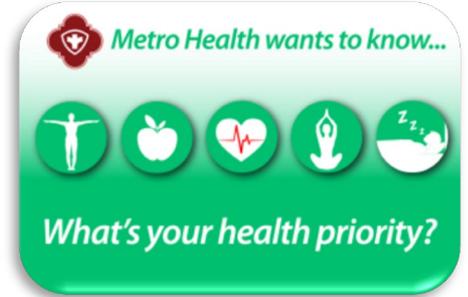
What to Expect Next

Ozone

Opioid Task
Force 2.0

ACEs

New top 3
Priorities



Going for Gold!

✓ =Have

+ =Need



Smoke-Free Indoor



Universal Pre-K



Tobacco 21



Complete Streets



Earned Sick Leave*



Food Safety



Healthy Procurement



Recent Accomplishments



FAST-TRACK
CITIES



Robert Wood Johnson
Foundation

2018 RWJF Culture of Health Prize



AN INITIATIVE OF

the de Beaumont Foundation + Kaiser Permanente



SILVER CITY

Thank You

Any questions?